



**SOUTHEAST IOWA LINK (SEIL)
MENTAL HEALTH AND DISABILITY
SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

| DATE | CONVENING TIME | LOCATION |
|--------------|----------------|----------|
| May 12, 2021 | 1:30pm | ZOOM |

**Southeast Iowa Link Governing Board Meeting
Approved Minutes**

Present: Rick Larkin, Jack Seward Jr., Marc Lindeen, Tom Broeker, Dee Sandquist, Chris Ball, Mark Meek, Bob Bartles, Mark Schneider, Rynne Wood, Ken Hyndman, Sarah Berndt, Sandy Stever, Tami Gilliland, Bobbie Wulf, Deb Bergquist

1. Approve Agenda

The meeting was called to order at 1:35 pm.

Motion to approve the agenda

By Dee Sandquist

Second Tom Broeker

Motion passes

2. Consider Approval of April 14, 2021 minutes

The document was reviewed via screen share.

Motion to approve the April 14, 2021 minutes

By Tom Broeker

Second Jack Seward Jr.

Motion passes

3. Update from Adult and Children Advisory Committee Members

Adult advisory discussed a survey that was done at a school in Fairfield that has to do with kids at risk for harming themselves. They have a mental health counselor working with the kids. Property tax reform legislation was discussed. The telehealth parity legislation is for Medicaid only; this puts people with other insurance coverage at risk to lose access to telehealth. For providers caregiver workforce is a big issue which is getting worse not better. Once legislative session concludes there are rate increases coming to providers.

Prader Willi Syndrome is an eating disorder and Hope Haven is considering building a home to serve individuals with this syndrome. Statewide there are about twelve individuals in institutional care with Prader Willi Syndrome. One other community based provider offers services specifically for Prader Willi Syndrome.

Children's advisory heard a presentation from Nicole Mann on a grant received in 2014 through Mississippi Bend AEA which was used to start a mental health screener in four schools. The screener has been instituted all their school districts. More and more mental health issues are being seen in the schools. Work continues to find a pediatrician and a parent to become members for children's advisory. Work is still being done on asset mapping and hope is this will be done June 30th. There was also discussion about bills before the legislature.



**SOUTHEAST IOWA LINK (SEIL)
MENTAL HEALTH AND DISABILITY
SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

4. Discuss and Consider Approval of Advisory Committee designated members

No new members.

5. Consider Approval of Claims as per Running Totals Document- April

The document was reviewed via screen share. All member county auditor reports were received for April. Des Moines County April expenses look high due to their payment to the fiscal agent. Van Buren and Henry Counties made payments to the fiscal agent. The member county budget balances and percent of budget used was reviewed. Several member counties still need to make payments to the fiscal agent. Fiscal agent expenses on this report match the April claims approved by the governing board. The Decatur expenses reflected on the spreadsheet were reviewed.

Motion to approve the claims per running totals document for April

By Marc Lindeen

Second Mark Meek

Motion passes

6. Consider Approval of Claims for Fiscal Agent Account as per Claims 5-12-2021

The documents were reviewed via screen share. Mandated claims totaled \$15,975.40, service expenditures totaled \$336,988.59 and Children's Wrap expenditures totaled \$505.90. Total claims to be approved is \$353,469.89.

Motion to approve claims for fiscal agent account per claims 5-12-21

By Jack Seward Jr.

Second Chris Ball

Motion passes

7. Receive and File Fiscal Agent Report- April

The document was reviewed via screen share. Revenue of \$479,781.53 included interest, children's wrap reimbursement and member county payments. Expenditures of \$362,590.60 match the governing board approval of April claims.

Motion to received and file the fiscal agent report for April

By Tom Broeker

Second Mark Meek

Motion passes

8. Discuss and Consider Approval SEIL FY21 Budget Amendment

The document was reviewed via screen share. SEIL included the Cares Act dollars in the expenditures, which was not in the approved budget for FY21. There needs to be a budget amendment to authorize spending authority for those Cares Act dollars that were spent and to reflect the Cares Act revenue. Due to underspending in some line items there isn't a need for a budget amendment for the full Cares Act allocation; the need is to increase spending authority to accommodate the Cares Act expenditures. The total spending authority needed is \$6,584,275.00.

Motion to approve the amended FY21 budget

By Jack Seward Jr.

Second Dee Sandquist

Motion passes



**SOUTHEAST IOWA LINK (SEIL)
MENTAL HEALTH AND DISABILITY
SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

9. Discuss and Consider Approval of Letter of Engagement with Anderson Larkin for FY20 Audit

The document was reviewed via screen share. The region is obligated to have a letter of engagement on file. The expense for this audit won't exceed \$10,750.00.

Motion to approve the letter of engagement with Anderson Larkin for the FY20 audit

By Mark Meek

Second Chris Ball

Motion passes

10. Discuss and Consider Approval of First Resources contract

The contract was reviewed via screen share. The contract is for recovery center services and crisis stabilization residential services. The recovery center cost at the Washington center went down and the cost at the Henry and Keokuk County centers went up. The overall change in cost was not over the three percent allowed. Crisis stabilization residential services decreased from \$1,646.10 per day to \$1,426.04 per day.

Motion to approve the First Resources contract

By Marc Lindeen

Second Dee Sandquist

Motion passes

11. Discuss and Consider Approval of Hillcrest Family Services contract

The contract was reviewed via screen share. Changes to the contract include removal of crisis assessments, recruitment and retention and crisis team education. The total reduction in annual cost is \$123,850.84. The savings reflected in this contract will be incurred in the Optima contract as they will be providing crisis assessments for the entire region beginning July 1st. The rates for the other services in the contract are Medicaid rates. Integrated health home (IHH) care coordination rates are based on Medicaid established rates. The IHH HAB ICM rate was \$280.39 and will be reduced to \$199.09. The non-ICM rate was \$80.39 and will increase to \$160.46.

Motion to approve the Hillcrest contract

By Mark Meek

Second Dee Sandquist

Motion passes

12. Discuss and Consider approval of Southern Iowa Mental Health Center contract

The contract was reviewed via screen share. Southern Iowa Mental Health Center didn't want to implement direct entry of their claims invoices in CSN since SEIL isn't their host region. Services in the contract are 23-hour observation and holding, crisis stabilization residential services, subacute, access center, assertive community treatment (ACT) and integrated health home care coordination. The rates in the contract reflect Medicaid rates for the services. There is a reference to the access center memorandum of understanding (MOU) and the SEIL Governing Board approved this MOU in April.

Motion to approve the Southern Iowa Mental Health Center contract

By Chris Ball

Second Tom Broeker

Motion passes

13. Discuss SEIL Children's Wrap-Around contract- Tom and Tami

The contract was reviewed via screen share. A year ago SEIL submitted a Decat contract for Jefferson, Keokuk, Van Buren and Washington Counties to provide wrap around funding for children. Each year a



**SOUTHEAST IOWA LINK (SEIL)
MENTAL HEALTH AND DISABILITY
SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

letter has to be submitted to request to continue the contract. The letter was submitted this year with a request to add the other four counties in the SEIL Region. Decat funds were underspent last year and funding could support all eight SEIL member counties. This request was approved, and due to the change, a new contract was needed. As the SEIL Fiscal Agent Des Moines County Board of Supervisors then enters into the contract with Decat. The SEIL Region administers approval of the funding requests. The Des Moines County Supervisors approved the contract on 5/11/21. This is a three year contract.

Motion to approve SEIL Children's Wrap-Around contract
By Mark Meek

Second Marc Lindeen

Motion passes

14. Discuss SEIL letters of support for Schools interested in Therapeutic Classroom Grant offered by the Department of Education.

- a. Burlington CSD
- b. Fairfield Middle School
- c. Mount Pleasant CSD
- d. Wapello CSD
- e. Washington CSD

Part of the requirement to apply for this grant was to obtain a letter of support from the mental health and disability services region the school is located in. The school districts and school listed had intent to submit a grant application. SEIL worked with these schools with the Cares Act funds and is excited these schools are addressing children's behavioral health needs. Ryanne Wood as the SEIL CEO and Tami Gilliland as the children's coordinator of disability services wrote the letters of support for the schools.

15. Discuss legislative updates

Senate Study Bill 1276 passed the Senate Ways and Means and Appropriations sub-committees on 5/11/21 and is now Senate File 619. The House bill is House File 893. There isn't consensus between the House and Senate which is reflected in their bills. Both bills support telehealth for mental health parity. For the SEIL Region and rural regions there would be a decrease in revenue, which means a decrease in services the region is able to provide. SEIL's utilization review will help look at what services are underutilized should funding cuts be necessary. Eventually regions can only have a five percent fund balance. The state would make a payment to regions in July. This could delay payments to providers, paying employee wages or health insurance premiums. Regions will have to prioritize core. Which means potentially jail diversion, drop in centers, supported housing and residential care facility, due to not being core, may have to have funding cut. These services are beneficial and impact continuity and continuum of care offered in the SEIL Region. There is concern for cost shift if jail diversion goes away. A huge part of this services is reducing recidivism which helps sheriff budgets. Des Moines County Jail says this service reduces the length of time in jail, reduces the jail population and has a positive impact on recidivism. Drop in centers help keep people out of higher levels of care. The state has had the goal to reduce fund balance in regions. Use of fund balance and difference in what state contributes gets regions closer to reaching a forty percent fund balance in FY 22, twenty percent fund balance in FY 23 and a five percent fund balance in FY 24 and thereafter. There is appropriation for an incentive fund. The incentive fund is for obtaining outcomes and performance based contracting with



**SOUTHEAST IOWA LINK (SEIL)
MENTAL HEALTH AND DISABILITY
SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

the Department of Human Services (DHS). Programs can only be sustained with secure funding not with fund balance and one-time funding. Incentive funds are first come first served. DHS doesn't want to cut total dollars going to people and don't want to see programs cut. DHS wants fund balances applied to services and they say there is no need for cuts to services the state will make regions whole in the end. Liz Matney the Medicaid Director says the intent is to do no harm and not disrupt the structure and organization of regions. Seven years ago the starting line for funding was \$47.28 per capita, which got reduced to \$42.60 per capita and now is proposed to be reduced to \$37.00 per capita. Over those seven years of reduction in funding about twenty core services and a children's system have been added to the region system. Regions are subject to performance based outcomes and we don't know what those are. Regions will be in competition to drawdown incentive funds. All of this is slated to go into effect July 1st of this year. Another difficulty in meeting performance based outcomes is the significant workforce shortage in this state. Included in non-core is administrative and service administration cost, so administrative cost may very well be one of the performance measures.

16. New Business

This morning on the radio station in Fairfield Rochelle Phelps did a commercial marketing Optimae's services and she did a wonderful job.

May is mental health awareness month. A proclamation has been provided if member counties want to endorse the proclamation at the local level. One in five people suffer from a condition mental illness.

17. Adjourn

Motion to adjourn
By Mark Meek

Second Chris Ball

Motion passes

Minutes submitted by Marc Lindeen, Secretary, May 20, 2021. MLsb