

**REGIONAL SERVICE AREA OF DES MOINES, HENRY, JEFFERSON, KEOKUK, LEE,
LOUISA, VAN BUREN & WASHINGTON COUNTIES
SOUTHEAST IOWA LINK**



DATE	CONVENING TIME	LOCATION
November 9, 2016	1:30pm	Henry Co. Emergency Management 900 West Washington St. Mount Pleasant, IA 52641

SOUTHEAST IOWA LINK GOVERNING BOARD MEETING

Draft Minutes

Present: Rick Larkin, Jack Seward Jr, Marc Lindeen, Tom Broeker, Becky Schmitz, Michael Berg, Randy Griffin, Mark Meek, Kristin Helm, Elyn Dean, Ryanne Wood, Sarah Berndt, Ken Hyndman, Sandy Stever, Tami Gilliland, Bobbie Wulf, Elley Neuzil, Darren Grimshaw

1. Approve Agenda

The meeting was called to order at 1:32 pm

Motion to approve the agenda

By Michael Berg Second Becky Schmitz Motion passes

2. Consider Approval of October 12, 2016 minutes

Motion to approve the October 12, 2016 minutes

By Michael Berg Second Becky Schmitz Motion passes

3. Update from Advisory Board members

Advisory reviewed the SEIL management plan updates. The Advisory Board agenda had the plan updates as an action item on their agenda and took action to recommend acceptance of the management plan as it has been updated. Advisory recognized the hard work of the CDS's to update the plan.

There was a CIT presentation by Darren Grimshaw on CIT training at Change Agent. The Advisory Board is recommending the region pursue CIT training. They further support partnership with law enforcement and mental health disability service providers.

4. Consider Approval of Claims- October

The report was reviewed. Des Moines County is off \$5,000.00 and the auditor report will reconcile in November. The management team is working on a claims process right now so trends might not be noticed. Once the claims process is being done the same in all counties then there might be identifiable trends.

Motion to approve the October claims

By Marc Lindeen Second Tom Broeker Motion passes

5. Consider Approval of Claims for Fiscal Agent Account-

- a. Mt. Pleasant News- \$162.68**
- b. Paul Goldstein- \$2400 Trauma Informed Care Training**
- c. Henry County Transition Link- \$628.99 TIC training host cost (Food/Drink)**

**REGIONAL SERVICE AREA OF DES MOINES, HENRY, JEFFERSON, KEOKUK, LEE,
LOUISA, VAN BUREN & WASHINGTON COUNTIES
SOUTHEAST IOWA LINK**



d. Optima- \$281.35 Rededication of funds to agency from expunged previously approved claims to Optima agency staff -Richard Stapleton and Cari Godwin-McClellan

Mt Pleasant News is publication of Governing Board meeting minutes

Paul Goldstein was the trainer for trauma informed care training- there were 83-85 in attendance. Transition Link was food for TIC. Discussed having CEU units for future trainings. The CEU arrangements need to be done 60 days prior to the training and there is a cost for the CEU.

Optima the original claim was to issued to the individuals not sent out; this has been backed out. The provider paid their employees and this claim is to reimburse the provider for those expenses.

Motion to approve claims a, b, c and d

By Michael Berg Second Jack Seward Jr. Motion passes

6. Receive and File Fiscal Agent Report- October

The report was reviewed. There was interest of \$258.28 and no expenses for October.

Motion to acknowledge receipt of report

By Jack Seward Jr Second Michael Berg Motion passes

7. Discuss and Consider Approval of Exception to Policy client ID#88936- Ryanne

Reviewed services the individual has received and service needs. Many hospital services, including MHI and lengthy stays in inpatient units. There was a need for substance abuse treatment and due to diagnosis the individual could not be successful in group substance abuse treatment. Prelude was able to provide substance abuse treatment in a one to one setting and the individual was admitted to RCF level of care for mental health support while participating in substance abuse treatment.

Approval was given for 90 days' bridge funding for RCF services and Medicaid paid for the substance abuse treatment. There needs to be 30 more days to complete the substance abuse treatment over and above the 90 days. Once services are completed the plan was for the individual to return to Lee County.

The individual ended up absconding from the RCF on 11/6/16 despite the RCF implementing elopement precautions. The individual will not be able to finish treatment. There has been a pick up order issued in Johnson. EPT is still needed to pay the RCF for services provided for six days before the elopement.

Motion to approve ETP ID # 88936

By Tom Broeker Second Marc Lindeen Motion passes

8. Discuss CIT presentation with Darren Grimshaw- Sarah

**REGIONAL SERVICE AREA OF DES MOINES, HENRY, JEFFERSON, KEOKUK, LEE,
LOUISA, VAN BUREN & WASHINGTON COUNTIES
SOUTHEAST IOWA LINK**



A handout was provided with information about crisis intervention training. Darren Grimshaw is a major with the Burlington Police. Darren gave his background an overview of how he came to know of CIT. Law enforcement has a lot of interactions with people with mental illness and substance abuse and without additional training and knowledge of available services those interactions can lead to use of force.

CIT allows law enforcement to better perform their duties with individuals with mental illness because they have a better understanding, allows them to know what local services available and how to access those services. The program also helps develop the relationships needed in the communities to better assist individuals struggling with mental illness and substance abuse.

Darren has observed a CIT training in Johnson County Iowa and St Louis County Missouri. Visiting these trainings helped provide knowledge about the process and how that can be adapted to the local needs. People with lived experience and their family members help train officers in how to intervene when responding, explaining what works and what makes the situation worse. Law enforcement is excited about this option coming together so better services can be provided and the system can be more efficient. CIT to law enforcement is a specific pointed training on how to assist.

Officers are frustrated because they deal with the same individuals over and over and they have 8 -16 hours of mental health training and they are being asked to intervene in these situations. CIT isn't designed for every law enforcement officer to attend. Each law enforcement agency identifies the officers who are patient, articulate, have good communication skills, have de-escalation skills and are well education and those officers are trained in CIT. They would work in teams with mental health providers, hospitals and courts. The CIT officers would be on a call out basis like tactical units and investigators. They respond twenty-four hours seven days a week and once on the scene they help the individuals and patrol officers can go back to patrol.

Instead of people going to jail because the officers don't know what to do with them, they can be diverted into mental health services. The cost of mental health services provided will go up once trained officers are on board and know how to divert the individuals to the services available. The region may have to look at the service array and make sure the services available can meet increased demand or identify there are new services that need to be developed and implemented. The costs of services will be shared by insurance and region funds. It is doubtful there is going to be a contract for CIT or a need to hire CIT staff.

At the local level there needs to be buy-in from the county board of supervisors so when they see training budgets go up because of the cost of training county law enforcement officers in CIT they recognize why that cost is important. When the county board of supervisors and governing board members see the cost of mental health services going up they need to understand why that is happening.

The southeast Iowa counties are just beginning to determine who needs to be at the table so that the process can begin to bring CIT to our region. CIT is going to be in Johnson County, there is the

**REGIONAL SERVICE AREA OF DES MOINES, HENRY, JEFFERSON, KEOKUK, LEE,
LOUISA, VAN BUREN & WASHINGTON COUNTIES
SOUTHEAST IOWA LINK**



Missouri model, a San Antonio model, a Minnesota model and a Tennessee model that can be observed. CIT training has 24-30 hours that is the same where ever you go in the country and be training the rest of the training is designed for local training to meet local needs and build those relationships with key players in the service delivery system in our counties and cities. It was suggested that our region takes advantage of being able to observe the Johnson County CIT training in March.

Tom Broeker agreed to be on the CIT committee to provide the board of supervisor perspective to this process.

9. Possible closed session, as requested by the Van Buren County CDS to discuss matters pertaining to Iowa Code Chapter 21.5 subsection 1.i

The meeting remained in open session.

The region is not the employer in this situation so this is a variance of a personnel issue. This is an issue of utilization of staff resources in the region. What is being requested is a reassignment of duties.

There are deficiencies that have been identified in Van Buren County with the provision of region functions and puts the region at risk for not meeting compliance requirements. The deficiencies identified are not using the CSN system to enter application data which has to go into CSN. Van Buren County is not entering applications or face sheets into CSN. Funding authorizations are issued through CSN for individual specific services and Van Buren County is deficit in issuing funding authorizations to providers. Claims have not been entered correctly into CSN and payments have made for things not paid by fund 10, along with not entering correct chart of account codes. There has not been reconciliation of the claims that have been processed through the auditor system with claims entered in the CSN system. This is because claims had not been entered into the CSN system until after they were paid by the auditor. Other region staff had been entering that information into the system. Expenditure budget information was not entered into the CSN system. Van Buren County had services created in the county system but it had not been budgeted for by Van Buren County. The County had fund balance to mitigate this issue. There is information that cannot be found which is a potential risk of a breach of confidentiality. The management plan requires providers to be paid in 60 days and providers where not being paid within that time frame.

The region doesn't want to impart any harm to Van Buren County or tread on home rule issues. The Van Buren County Board of Supervisors want to identify who will pick up the duties from other employees in the region. There will be some financial planning in making a transition plan. This needs to be done relatively quickly. The CEO would identify personnel to manage functions performed by Van Buren County.

Motion to authorize the CEO to reassign those duties as they pertain to Van Buren County with the SEIL group in conjunction with the decisions made by the Van Buren County Board of Supervisors
By Jack Seward Jr Second Marc Lindeen Motion passes

10. Discuss and Consider Approval of re-assignment of Van Buren County CDS responsibilities related to SEIL Region duties

Completed in agenda item nine.

**REGIONAL SERVICE AREA OF DES MOINES, HENRY, JEFFERSON, KEOKUK, LEE,
LOUISA, VAN BUREN & WASHINGTON COUNTIES
SOUTHEAST IOWA LINK**



11. New Business

Becky Schmitz reported that she was on a committee for the MHDS Commission that was charged with coming up with a report back to DHS Director Palmer on the managed care organizations. She read the letter to the board. Highlights from the letter note the managed care organizations have not developed new services. Concerns with delays and partial payments to providers, delayed authorizations for long-term supports and services, reduced length of stay in residential treatment and short notices of discharge which result in a lack of appropriate and effective transition to community treatment were noted also. There is confusion over administrative requirements for integrated health homes, peer support recovery services, increased administrative burdens to providers and under staffed workforce due to MCO's hiring from existing workforce.

Tom Broeker once again addressed the pharmacy bills issue with DHS by handing examples of bills individuals from our region have gotten directly to Rick Shults. Mr. Shults said he would take a look at these and would contact the region CEO if he had questions.

Ryanne Wood had reported Director Palmer was to speak to CEO's about children's mental health services. That meeting ended up being about the state of Iowa not having a mental health services system at-large statewide. The regions really need to focus on what would a statewide mental health system look like that serves all populations of the state. This would include access standards that would be standardized across regions and a service array that's standardized across regions. Director Palmer was complimentary of the services developed by the regions and that they didn't think regions would be as far along with development of services at the local level. He also identified the regions need to have a unified voice and not give mixed messages to legislators. DHS is now pushing regions to become standardized and uniform across all regions. Director Palmer did concede that equalization should happen. At the federal level there could be changes with the affordable care act. The reason that the regions got charged with core services so if the Medicaid expansion goes away then the funding of those services fall back on regions.

Jack Seward Jr. discussed the use of fund 2 or fund 10 for paying evaluations at Oakdale with his auditor. The auditor contacted the State Auditor's office who sent back three code sections on this issue.

12. Adjourn

Motion to adjourn

By Michael Berg

Second Becky Schmitz

Motion passes

Minutes submitted by Marc Lindeen, November 15, 2016. ML/sb