



SOUTHEAST IOWA LINK (SEIL)

MENTAL HEALTH AND DISABILITY SERVICES REGION

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

DATE	CONVENING TIME	LOCATION
August 14, 2019	1:30pm	Henry Co. Emergency Management 900 West Washington St. Mount Pleasant, IA 52641

**Southeast Iowa Link Governing Board Meeting
Approved Minutes**

Present: Rick Larkin, Jack Seward Jr., Marc Lindeen, Tom Broeker, Lee Dimmit, Michael Berg, Chris Ball, Mark Meek, Bob Bartles, Ryanne Wood, Ken Hyndman, Sarah Berndt, Sandy Stever, Bobbie Wulf, Rochelle Honey-Arcement, Rochelle Phelps, Tammy Wetjen-Kestuson

1. Approve Agenda

The meeting was called to order at 1:30 pm.

Motion to approve the agenda

By Tom Broeker Second Michael Berg Motion passes

2. Consider Approval of July 10, 2019 minutes

The document was reviewed via overhead projector.

Motion to approve the July 10, 2019 minutes

By Tom Broeker Second Jack Seward Jr. Motion passes

3. Update from Advisory Board members

There are payment issues with the new managed care organization (MCO) Iowa Total Care. There are millions of dollars in outstanding payments to providers statewide. SEIL Region providers are owed hundreds of thousands of dollars. Iowa Total Care isn't paying claims submitted or the claims submitted are not paid correctly. Their staff seem to be reasonable to work with on these issues.

There is a supported employment specialized training which would work with hard to serve people getting them into jobs. The barrier for that to be implemented is funding to support the service. The service requires supports greater than the traditional supported employment service which increases cost.

In the next six months a dual diagnosis service for people with mental illness and addition issues will be opening in residential care facility located in Burlington.

There will be a joint advisory board meeting for the representatives of children and adult services in September. The SEIL Advisory Board would recommend the SEIL Governing Board and other boards across the state advocate for consistency in children's services cost sharing, that there be a realistic assessment for providers to have an overall reimbursement greater than existing Medicaid rates continues. Medicaid rates are substantially lower for children's services. Other health insurers may pay



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at a higher rate than Medicaid. If the state identifies one rate for children's services based on the Medicaid rate structure, this will have a negative impact on providers of children's services.

4. Consider Approval of Claims as per Running Totals Document- July

The document was reviewed via overhead projector. The report only reflects July. The county auditors amounts used to develop this report have been matched to the budgets submitted to the Department of Management. Jefferson County's ending balance from last fiscal year and beginning balance for this fiscal year is off by fifteen thousand dollars. Bobbie Wulf is working with Jefferson County to confirm the correct amount. Keokuk County has not submitted ledgers for April, May, June or July. No payments have been made to the fiscal agent from the member counties. Expenses paid by the fiscal agent match what was approved by the governing board in July.

Motion to approve the claims running totals document for July

By Jack Seward Jr.

Second Michael Berg

Motion passes

5. Consider Approval of Claims for Fiscal Agent Account as per Claims 8-14-2019

The document was reviewed via overhead projector. Mandated claims to be approved total \$15,142.85, expenditure claims totaled \$430,464.66 total claims to be paid is \$445,607.51.

Motion to approve the fiscal agent account claims for August 14, 2019

By Marc Lindeen

Second Mark Meek

Motion passes

6. Receive and File Fiscal Agent Report- July

The report was reviewed via overhead projector. Revenue reflected for July was an interim assistance reimbursement in the amount of \$2,599.95. Expenditures totaled \$338,788.41 and match what was approved by the governing board.

Motion to receive and file the fiscal agent report for July

By Marc Lindeen

Second Tom Broeker

Motion passes

7. Presentation on participation in American Mental Health Counselor Association Conference- Rochelle Phelps

Rochelle supervises the Optima recovery centers, provides jail diversion services, is a licensed therapist and does crisis assessments in emergency departments. Most of the people she sees have had some kind of trauma that they have not dealt with successfully. This leads to self-medicating with drugs and/or alcohol. Rochelle attended the American Mental Health Counselor Association Conference this year and participated in tracks related to neuroscience and trauma. She plans to use what she learned at the conference in the services she provides.

Lack of sleep effects our ability to deal with trauma and makes people ill. Chronic sleep issues shortens a person's life span. Sleeping less than six hours a day creates a protein chemical in the brain that causes lesions which lead to depression, anxiety, diabetes, immune disorders, dementia and



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Alzheimer's disease. There is some genetic predisposition related to sleep and lack of getting enough deep sleep. Being in a manic state or high on methamphetamines causes sleep deprivation. People need eight hours or more of sleep and to fall into a deep rem sleep to process the days activities, to move short-term memory to long-term memory and to process trauma. The use of sedatives does not produce the deep sleep needed. Physical activity during the day helps with sleep. As we age, we lose the ability to fall into deep sleep and by the age of forty deep sleep is reduced by fifty percent. Studies have identified that trauma stays in the front of the brain. Memory is processed in the front of the brain and short-term memory needs to process through deep sleep to move to long-term memory. There is an emerging form of therapy called accelerated resolution therapy which is proving to be helpful with processing trauma in the brain.

8. Presentation of information Carosh, Inc (Join Me meeting)

A power point was reviewed via overhead projector along with a web-based training report program to track training compliance in the region. An opinion letter regarding HIPAA compliance within the region was reviewed via overhead projector. The attestation document of the implementation of the policy and procedures is available for the region to use. A renewal letter and invoice was provided for approval if the region is going to continue with Carosh for HIPAA compliance.

Roger Shindell also spoke about the upcoming updates to 28E's the regions will be implanting. Roger has talked with two other regions, South Central and CSS about an option to use a local computer as an interface computer to reach documents housed elsewhere, this helps with security. Having region employees reduces security risks as well. Roger expressed that these regions were going to the next step with having region employees. Security issues with regions goes away when employees are region employees verses county employees doing region work.

9. Receive and File Response letter from Interim Director Clabaugh on Region funding related to unfunded mandates

The letter was reviewed via overhead projector. Comments included appreciation for the response, but no answers to questions were provided. The reiteration of support for stable funding was appreciated, however, legislators will have to determine what stable funding is. Stable funding is not using fund balances to sustain system expectations placed on regions. On paper the regions can move forward with developing core services for adults and establishing a children's service system, but it can't be implemented without additional funding. SEIL is complying with the legislative mandate to have a children's coordinator of disability services with Tami Gilliland performing this function and completing a time study. During the legislative session this year an allowance of two percent growth was placed on the counties. The two percent is used paying for increased insurance costs and pay increases for employees.

Motion to receive and file the response letter from Interim Director Clabaugh

By Tom Broeker

Second Jack Seward Jr.

Motion passes



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10. Discuss and Consider Approval of Great River Health System Amended contract

The document was reviewed via overhead projector. This amendment came about from a conversation Tom Broeker and Marc Lindeen had with Heather Boatman the Great River Health System Behavioral Health Assessment Team supervisor. The discussion identified that a clerical position would support the clinical team and create efficiency. The new contract reflects an increase in the daily rate to hire a technician for BHAT. The rate was \$1,050.74 per day and the new rate is \$1,173.25.

Motion to approve the Great River Health System amended contract

By Marc Lindeen

Second Tom Broeker

Motion passes

11. Discuss and Consider Approval of Resolution (#2-2019) pertaining to Attorney Fees

Senate File 615 increased attorney fees for commitment representation from sixty dollars to sixty-three dollars. The region follows the code established rates for indigent representation for commitment related legal representation.

Motion to approve Resolution #2-2019

By Tom Broeker

Second Jack Seward Jr.

Motion and resolution passes

Roll Call Vote

Rick Larkin	Yes
Jack Seward Jr.	Yes
Marc Lindeen	Yes
Tom Broeker	Yes
Lee Dimmit	Yes
Michael Berg	Yes
Chris Ball	Yes
Mark Meek	Yes

12. Discuss and Consider Approval of Exception To Policy (ETP) client ID#97808

The exception to policy request is for a Washington County resident who was participating in Impact Assertive Community Treatment (ACT) services through the University of Iowa Hospitals and Clinics (UIHC). In October 2018 the East Central Region (ECR) approved and funded the services. ECR determined client ID #97808 was no longer a resident in their region and was a resident of the SEIL Region. In November ECR amended the NOD ending funding October 31, 2018. The UIHC continued to provide services to client ID#97808. The UIHC didn't contact the Washington County Coordinator of Disability Services until May 2019 requesting a consideration of retroactive payment back to November 2018 through June of 2019. ACT is an eligibility-based service and client ID #97808 meets eligibility requirements. Client ID #97808 moved out of the SEIL Region in June 2019. The ECR pays for services for Saturday, Sunday and holidays as they believe these days are not covered by the Medicaid. The rate paid is fifty dollars per day and is paid regardless if the individual access services on those days. The UIHC ACT has a contract with ECR for this service and rate.



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Bobbie has already issued a payment for May and June 2019 as the request for funding was made in May. Piggy backing off the ECR contract the rate was fifty dollars and fifty-seven cents per day for May 1st through June 30th at a total cost of \$960.83.

The SEIL Management Team does not have a recommendation regarding the governing board approving the exception to policy request. They were split on supporting the retroactive payment due to the various issues impacting this case. The total amount for services provided November 1st through April 30th 2019 would be \$2,831.92.

ACT is a core service and SEIL doesn't have any ACT providers in the region. By entering into a contract with the UIHC for ACT services the SEIL Region should be notified when services are being provided to a SEIL Region resident that requires region funding. If residency changes are not reported immediately then SEIL will not approve a retroactive payment.

Motion to approve the exception to policy client ID #97808

By Michael Berg

Second Jack Seward Jr.

Motion passes

13. Discuss and Consider Approval of contract with University of Iowa Hospital and Clinics (UIHC) for Assertive Community Treatment (ACT) core service

Bobbie Wulf drafted a contract that mirrors the East Central Region (ECR) contract with the University of Iowa Hospitals and Clinics (UIHC). The UIHC wanted changes in the indemnification language due to them being a governmental entity and referenced chapter 669 of the Code of Iowa. The Washington County Attorney didn't have time to review the contract language change. There was also a small change in Section 5.3 which relates to provider liability insurance. The rates reflected in the contract are for fiscal year 2019. No rates have been approved by the ECR for fiscal year 2020.

Motion to approve the University of Iowa Hospitals and Clinics contract

By Mark Meek

Second Michael Berg

Motion passes

14. New Business

Michael Berg invited Tammy Wetjen-Kestonson who is over their Empowerment and Decat in the Keokuk Area to attend the SEIL Meeting.

Sarah Berndt handed out the CIT crisis intervention report.

Lee Dimmit noted there is a constituent who was with United Health who left Iowa in June, She was reported to have had a gap in coverage when the managed care organization (MCO) transition happened for July. The person is being required to pay for an MRI. Their assigned MCO denied the payment due to a gap in coverage. Discussion noted if there wasn't a gap in Medicaid coverage then the issue is the MCO not being notified of the assignment of coverage. This would be a department of human services or MCO issue to resolve. If Medicaid coverage didn't lapse, then there should not be a bill.



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At the Change Agent stakeholder meeting a time frames/draft implementation plan for the adult MHDS and children's behavioral health was shared. The draft 28E will be on the agenda for the September governing board meeting. September and October the 28E will be presented to the SEIL Member Counties to pass. Work will be done to put together the children's advisory committee. It will be critical to get people to the advisory meeting in September. The governing board will need to approve nominations for the adult and children's designees to the governing board. The children's designated representatives to the governing board would go into effect November 1st to help them get acclimated to the system and how tight the regions budget is without adding children's services funding. The system needs to reduce the core expectations or more funding must become available for the regions to successfully meet expectations that have been placed on them for adult and children's services. Ryanne will send out the time line document to the governing board.

15. Adjourn

Motion to adjourn
By Jack Seward Jr.

Second Michael Berg

Motion passes

Minutes submitted by Marc Lindeen, Secretary, August 20, 2019. MLsb