



SOUTHEAST IOWA LINK (SEIL)

MENTAL HEALTH AND DISABILITY SERVICES REGION

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

overspent due to a spending authority issue. A check issued for payment to the fiscal agent created the overage. This check has been returned to Jefferson County. Jefferson County will have to complete a budget amendment for fiscal year 2018. If this doesn't get corrected in fiscal year 2018 it will be corrected in fiscal year 2019 with a budget amendment.

The current fund balances for member counties were reviewed. Jefferson County is the closest to having a twenty percent fund balance. Van Buren and Washington Counties are close to twenty percent fund balance. Only three of the region member counties levied for fiscal year 2019. The region fund balance is at 97%. The accounting to managing the twenty percent fund balance limitation can be done virtually. The twenty percent can be an average among the eight-member counties.

Motion to approve the April Claims

By Jack Seward Jr.

Second Mark Meek

Motion passes

5. Consider Approval of Claims for Fiscal Agent Account

The report was reviewed via overhead projector. Claims to be paid through the fiscal agent total \$285,740.17. There is a payment to Oxen Technology which has encryption to share protected information through email and allows for the capacity to get a new region web site operational southeastiowalink.com.

Motion to approve the Fiscal Agent claims

By Tom Broeker

Second Marc Lindeen

Motion passes

6. Receive and File Fiscal Agent Report- April

The report was reviewed via overhead projector. There was no revenue for April. Expenditures amounted to \$365,387.28. The amount approved by the governing board was \$363,606.78. There was a claim to Great River Mental Health in the amount of \$1,780.50 that was paid. This claim was not included in the claims listing for approval. The record will reflect the claim was missed as part of the claims listing to approve last month.

Motion to receive and file the fiscal agent report for April

By Michael Berg

Second Mark Meek

Motion passes

7. Receive and File Quarterly Expenditure Report- Tami

The report was reviewed via overhead projector. There is a difference of \$84.02 for the Jefferson County reconciliation. If this amount \$84.00 was caused when Jefferson County reconciled checks that have never been cashed; these funds were put back into the chart of account they were expended from. There is a two-cent difference and a journal entry is being looked into by the Jefferson County Auditor. The region is at 71.79% spent for expenditures in the third quarter.

Motion to receive and file the quarterly expenditure report

By Michael Berg

Second Mark Meek

Motion passes



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8. Optima Jail Diversion Data presentation- Rochelle Phelps

A slide presentation was viewed via overhead projector which highlighted program statistics. There were 696 arrests in the report period for 2017, 111 mental health screeners were completed, 77 identified as having mental health needs which is 19% of arrests identified having a mental health needs.

Outcomes data of the screeners included 38% were out of county residents and services were not provided to these individuals, 23% made contract with the jail diversion service provider, 19% were released in 24 hours of arrest, 9% participated in the jail diversion service offered to them, 6% discharged from the jail diversion program for not complying and 5% were already receiving Optima services.

The Jefferson County Sheriff was interested in re-arrest statistics. Data shows one individual was arrested eight times for a total of one-hundred days in jail, three were people arrested seven times, one person six times and another person arrested five times. Of this number six were offered jail diversion services. Data was also compared between 2016 and 2017 which showed the same individuals were not being repeatedly arrested.

9. Transition Link Data presentation- Sarah

A spreadsheet was shared that represented individuals booked into jail and the services they were referred to and this was compared to the answers they provided to the brief jail mental health screener questions. This allows us to look at what their mental health issues were at the time they entered jail and what services they identified they needed at discharge. Most individuals are answering yes to the questions “are they receiving medication for mental health, have they been hospitalized for mental health, weight loss and change in activity.” The data also shows our more urban counties have more services to refer individuals into.

Audrey Menke reported since March eighty four percent of the individuals booked into the Henry County jail identified having mental health issues, she has assisted in getting seven individuals inpatient substance abuse treatment and one individual into a sober living house, twenty-five individuals have enrolled in the program and seven refused. In the Louisa County jail, they have a smaller jail population and four individuals being served. Audrey has referred one individual to Veterans Affairs and Bobbie Wulf is helping her get information gathered to put into the discharge folders that are given to the individuals when they leave jail and return to the community. Ryanne Wood listened to a Stepping Up webinar May 8th that identified a grant to help with data tracking, recidivism and outcome data collection. She forwarded that information on to Sarah Berndt to work on applying. Audrey is in the process of completing the grant packet for submission May 29th. If we can get this grant it will be very helpful for the jail diversion programs serving the region.

Deb Bergquist reports since February first there have been twenty-four requests for substance abuse evaluations. Two individuals are at inpatient treatment and seven on a waiting list. Both Lee and Des Moines jails want programs offered to the individuals while they are in jail. Alcohol and Dependency Services provide classes on decision making and anger management. Iowa Works comes in and works



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on job hunting and interviewing skills; they review what jobs are available to individuals who have been in jail and they have just started the NCRC testing. NCRC is a testing that is being required by employers. This test identifies the skills the individuals have. Counseling Associates will be coming back into the jail and they provide grief counseling and adverse childhood experiences. Counseling Associates can start the integrated health home application process. The Iowa Domestic Violence Program is a requirement for individuals with domestic violence charges. These individuals are required to take this class. Deb is working on offering this in the Des Moines and Lee County jails. Deb also works closely with probation and parole officers.

Elley Gould works in the Washington and Keokuk County jails. Elley has individuals with more intense charges or complex service needs. On average 7-10 individuals are enrolled monthly in the Washington County jail and 2-3 in the Keokuk County jail. Elley works with individuals to make sure that if inmates have charges and pending court dates in other jurisdictions that she reaches out to the defense and county attorneys so the individuals don't get sited for failure to appear. Elley works with region crisis intervention training (CIT) and mental health first aid training. Since September of 2017 Elley has provided mental health first aid training to 232 law enforcement officers, jail staff and first responders. The first region CIT training will be held October 22nd to October 26th at the Amory in Mt. Pleasant. Currently there are twelve trained law enforcement instructors. Elley went over the tentative agenda.

10. QSDA Quarterly Outcome Report Presentation- Sandy

The reports were provided by email to the governing board members prior to the governing board meeting. Contracted providers will be invited throughout the year to the governing board meetings to give short presentations on the services they provide in the region.

11. Discuss May Stepping Up Day of Action (County Events)

Jefferson County is promoting Day of Action on social media, May 16th activities include Mood and Food presentation at the Recovery Center, Park and Recreation has opened the indoor walking track from 1 to 3 pm so community members can walk there for free, Lt. Harvey and Rochelle will have an information table set up at Hy-Vee, a mini WRAP plan workshop will be offered and there will be a newspaper article and the Mayor of Fairfield will sign the Stepping Up Day of Action proclamation.

Henry County will be having a town hall meeting on May 15th at 11:00 am the sheriff will speak, Transition Link Staff will speak and Hillcrest crisis services staff will speak. The general public, television news stations, local newspaper and radio have been invited.

On May 22nd the Louisa County Board of Supervisors will sign the resolution to become a Stepping Up County.

On May 15th Des Moines County Board of Supervisors will sign the Stepping Up resolution and there will be a presentation of providers who work with Transition Link and in the jails providing programs.



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Lee County will host a forum on May 22nd and Ryanne Wood will talk about Stepping Up, Deb will talk about jail diversion and providers will present information about the programs they offer in the jail and in the community.

Keokuk County will be having an open house on May 16th at the new community center and Elley will have an information booth.

Washington County will be giving a presentation on May 16th to the Kiwanis during lunch, the Washington County Sheriff and Bobbie Wulf will be there with Elley to present on jail diversion services, CIT and Stepping Up initiatives.

12. Discuss and Consider Approval of Keokuk County purchasing a 2018 Chevrolet Malibu for \$17,932.06 from Karl Chevrolet- Tami

The current vehicle has high mileage and is beginning to require more frequent repairs. It was time to consider the cost of repair versus the purchase of a replacement vehicle. Several places were contacted for pricing of a new vehicle. Karl Chevrolet was the lowest bid at \$17,932.06 at the state bid price. The Keokuk Board of Supervisors has approved the purchase of the vehicle out of the local fund 10. There is enough money in this fiscal year budget to purchase the vehicle. Tami also wanted the governing board approval since this is a significant purchase. The vehicle they are currently using will be sold and the proceeds will be broken out with 75% going back into fund 10 and 25% going to the general fund as this was the way the vehicle was purchased.

Motion to approve the purchase of the 2018 Chevrolet Malibu
By Michael Berg

Second Jack Seward Jr.

Motion passes

13. New Business

The Department of Human Services (DHS) is working on the administrative rules for the six new core services. Tom Broeker who is on the MHDS Commission was on the sub-committee for the access centers and the intensive residential service homes (IRSH). The Change Agent and SEIL Advisory, Bob Bartles, Ryanne Wood, the SEIL management team have all reviewed the legislation and draft rules as they have become available and given feedback to Tom to take back to the MHDS Commission.

Concern with the no eject no reject language in the IRSH has been expressed. DHS is insistent this language is in the rules. If the individuals meet the level of care they get the service. IRSH should be available if federal Medicaid remains in place. Feedback has been the services should not be available until the process is followed with IME with the accreditation and service codes for billing are known. MCO contracts will need to be in place for the service to begin. The IRSH is not a habilitation home with 1 to 2 people. To be eligible the person must have been rejected from all other placement options available. Staffing at the IRSH is to be a 1 ½ individuals to 1 staff ratio. Staff must have a high school diploma and one-year experience working with individuals with mental health service needs and 48 hours additional training and 24 hours each year after that.



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A question was asked that if ACT is built around psychiatrist does telehealth to access a psychiatrist meet the standard for an ACT team. There is still no answer on that. Rural areas would struggle for face to face psychiatry.

When DHS completes draft rules those are submitted to the MHDS Commission. If the commission votes yes to the proposed rules then DHS posts the them for sixty to ninety days for public comment before they are implemented. If the MHDS commission votes no to the proposed rules DHS starts over drafting new rules.

Old business was brought up regarding the NAMI group. The management team has this on their agenda to discuss this month. There are concerns the dues paying members in Des Moines County are functioning like a NAMI Affiliate but are not an affiliate NAMI with the State NAMI. There only needs to be one NAMI Affiliate for our region.

14. Adjourn

Motion to adjourn

By Chris Ball

Second Jack Seward Jr.

Motion passes

Minutes submitted by Marc Lindeen, Secretary, May 31, 2018. MLsb