

# SOUTHEAST IOWA LINK (SEIL)

## MENTAL HEALTH AND DISABILITY SERVICES REGION

DES MOINES, HENRY, JEFFERSON,  
KEOKUK, LEE, LOUISA, VAN BUREN  
& WASHINGTON COUNTIES

DATE	CONVENING TIME	LOCATION
April 10, 2019	1:30pm	Henry Co. Court House 100 E. Washington St. Mount Pleasant, IA 52641

**Southeast Iowa Link Governing Board Meeting  
Approved Minutes**

Present: Rick Larkin, Jack Seward Jr., Marc Lindeen, Tom Broecker, Lee Dimmit, Michael Berg, Chris Ball, Mark Meek, Bob Bartles, Rynne Wood, Ken Hyndman, Sarah Berndt, Sandy Stever, Tami Gilliland, Bobbie Wulf, Heather Boatman, Chelsea Hoyer, Aaron Linkins

1. **Approve Agenda** the meeting was called to order at 1:30 pm  
 Motion to approve the agenda  
 By Michael Berg                                      Second Mark Meek                                      Motion passes
  
2. **Consider Approval of March 20, 2019 minutes**  
 Motion to approve the March 20, 2019 minutes  
 By Michael Berg                                      Second Tom Broecker                                      Motion passes

3. **Update from Advisory Board members**  
 Advisory members discussed that the managed care organization (MCO) UnitedHealthcare is leaving Iowa. Providers need to get their claims submitted to UnitedHealthcare as soon as possible.

The Advisory Board suggested holding off on sending out the 24-hour mobile crisis request for proposal.

Discussion included the children’s services legislation which will impact regions if it is passed this legislative session. There is no funding to support the new responsibilities of the region in this legislation.

There is legislative effort to require the MCO to not keep changing people’s tier level. There is a request for funding for intellectual disability services. The current budget doesn’t contain funding for this.

There are region fiscal viability concerns that the mandates surpass the levy capacity. So, without getting the children’s system, fiscal viability would be an issue. SEIL is more financially viable than other regions with the current levy cap. Legislation needs to address this, or new mandated services won’t be sustainable. There is the question of is it appropriate for property tax levy to be the single funder of the new mandates.

4. **Consider Approval of Claims as per Running Totals Document- March**  
 The report was viewed via overhead projector. All reports were received from the member county auditors and reconciled to this report. A few counties still owe the fiscal agent their apportionment for services and will be making payments over the next few months. Only mandated claims were paid in March. Service claims approved in March were paid April 2<sup>nd</sup> due to the change in day for the March governing board meeting. The interest payment is reflected for February and March.

Motion to approve the claims running totals for March  
 By Mark Meek                                      Second Jack Seward Jr.                                      Motion passes



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#### **5. Consider Approval of Claims for Fiscal Agent Account as per Claims 4-10-2019**

The report was viewed via overhead projector. Mandated claims totaled \$2,198.02, service claims totaled \$279,384.23 and total claims for April is \$281,582.35.

Motion to approve claims for the fiscal agent account 4-10-19

By Jack Seward Jr.

Second Michael Berg

Motion passes

#### **6. Receive and File Fiscal Agent Report- SEIL February Report and SEIL March Report**

The report was reviewed via overhead projector. There was a client reimbursement from interim assistance reimbursement through the social security process and interest showing for revenue.

Motion to approve the fiscal agent report for February and March

By Chris Ball

Second Jack Seward Jr.

Motion passes

#### **7. Presentation from Aaron Likens- Autism Ambassador**

Aaron Likens spoke on autism and his life experiences being diagnosed with Aspersers Syndrome at the age of twenty. Aaron started writing to express himself and wrote the book Finding Kansas. The book is about the challenges of and unexpected joys of living with Aspersers Syndrome. The book explains autism in understandable terms. Readers found the book to be hopeful for those on the autism spectrum. Authoring the book lead to Aaron becoming a public speaker and presenter at the Missouri police academy on how to interact with people on the autism spectrum.

#### **8. Presentation from Great River Health System Behavioral Health Assessment Team- Heather Boatman**

Heather Boatman and Chelsea Hoyer from the Behavioral Health Assessment Team (BHAT) spoke about the services available through their program. A handout was provided with data on the utilization of services available through Great River Health System Behavioral Health Assessment Team. Discussion included the disposition of the patients they screen, and the distances traveled to place patients at another inpatient psychiatric hospital due to Great River Health System psychiatric unit being full. They have just begun to track the number of adolescent patients seen due to the potential children's services legislation. The state needs more adolescence inpatient psychiatric hospital beds. Heather is hoping that Great River Health System will consider opening adolescent or geriatric psychiatric beds. By opening geriatric beds that would open beds in the adult psychiatric unit.

Services have been provided to residents from all eight counties in the SEIL region.

Crisis hotline calls for 2018 had fifty calls and for 2019 they are currently at 30 calls.

Tele-screenings are provided weekdays from 5:00 pm to 8:00 am and weekends. During 2018-2019 for Henry County Health Center is at twenty-one and Washington County Hospital is at three.

January 2018 through March 2019 BHAT served an average of twenty-six patients a month. Total patients for 2018 was 1533 and to date for 2019 they have seen 362 patients.

#### **9. Discuss and Consider Approval of Southern Iowa Mental Health Center FY20 contract**

The contract was viewed via overhead projector. The contract is for access to 23-hour crisis observation and holding, crisis stabilization residential services (CSRS) and integrated health home care coordination. SEIL does require that



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if someone presents to the Southern Iowa Mental Health Center needing crisis residential services that both the SEIL CSRS programs are contacted for admission. If they are full or decline the admission, then Southern Iowa Mental Health Center can admit the individual to their CSRS service.

Motion to approve the Southern Iowa Mental Health Center FY20 contract

By Mark Meek

Second Chris Ball

Motion passes

### **10. Discuss and Consider Approval of Transition Link MOU**

The memorandum of understanding (MOU) was viewed via overhead projector. The budget reflects an addition of one full-time staff to allow Transition Link to provide 5 days a week coverage in both Des Moines and Lee County Jails. Hiring for the new staff would be during fiscal year twenty. Due to the current staffing pattern it is estimated that about 99 individuals were missed from March 2018 to March 2019 at the Des Moines County Jail. Detainees considered difficult to serve would be sex offenders with no housing or in need of residential treatment, detainees having a need to establish habilitation services, detainees with an intellectual disability and in need of housing, detainees who are severely mentally ill and or physically ill and those that are not compliant taking medications and or not compliant with past services with community providers. The budget reflects a three percent wage increase. The overall all budget has increased by thirty-four percent with the addition of one staff. Indirect expense is eight percent.

Motion to approve the SEIL MOU with Transition Link

By Jack Seward Jr.

Second Chris Ball

Motion passes

### **11. Discuss and Consider Approval of SEIL MOU with CHI North Bay, LLLP pertaining to North Bay property- Fairfield, Iowa**

The CHI North Bay MOU was viewed via overhead projector. The Iowa Finance Authority requires a memorandum of understanding (MOU) with Elderly Waiver program or a region if the apartments are low income. The funding is to renovate the property. Having the letter of commitment and MOU helps them get the funding from Iowa Finance Authority and the projects are about nine million dollars. Regional housing is contributing funds to the projects also. There is no obligation from the region if they sign the letter or MOU and there isn't a long-term commitment required either. The housing companies would like the region to help with sending potential renters their way. North Bay has 24 units and Premier has 8 units. Low income housing is needed in Fairfield. It is difficult for people to find affordable housing in Fairfield. There have been concerns with safety at North Bay.

Sandy Stever will be the contact person for the MOU with North Bay and the letter of commitment with Premier, but her name should be replaced as for as signing the documents.

Motion to approve the MOU with CHI North Bay

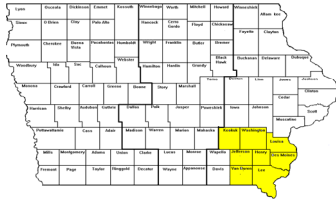
By Mark Meek

Second Michael Berg

Motion passes

### **12. Discuss and Consider Approval of letter of commitment with Premier Housing Management LLC pertaining to Loudon property- Fairfield, Iowa**

The approval letter of commitment with Premier Housing Management LLC was viewed via overhead projector. Discussion is reflected in agenda item eleven.



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Motion to approve the Premier Management letter of support

By Tom Broeker

Second Michael Berg

Motion passes

### **13. Discuss and Consider Approval of Elite Solutions contract for training**

The Elite Solutions contract was viewed via overhead projector. Elite Solutions provided a training at Change Agent at the March meeting. The Change Agent training talked about selfcare, showing respect, minimize turnover, preventing burnout and having a good relationship with the people we work with. This contract is for a three-day training package, two days are designed for direct care staff and the third day is for supervisory staff. The cost is \$1,500.00 for up to twenty-five participants. The invitation would go first to providers interested in offering ACT or intensive residential service house services. The new mandated services require a highly skilled workforce, and this is a step to begin to give providers training. This would give them tools to utilize as they start the programs. This also demonstrates SEIL is getting ready to roll out those mandated services. If the participation in the training is voluntary and the topics covered are good, then a provider must look at the value of three days of training balanced against paying staff for three days to be trained. Providers are having to look at the training topics value compared the cost of staff time to go and is that cost effective. SEIL contracted providers will receive a discount of they utilize Elite Solutions for training. Discussion included if there are other training providers who offer training in this format and should there be a competitive bid process. Elite Solutions is local and has a web-based product that would allow staff to remain at the office and utilize the training. Change Agent discussions about access to training was what led to looking into training options and contacting Elite Solutions.

Motion to approve the contract for Elite Solutions

By Jack Seward Jr.

Second Tom Broeker

Motion passes

### **14. Discuss and Consider Approval of SEIL Amended Annual Service and Budget Plan**

The Department of Human Services reviewed the Annual Service and Budget Plan, and this led to making changes to the plan. The governing board is being asked to review the amended plan and approve the document.

Motion to approve the amended Annual Service and Budget Plan

By Jack Seward Jr.

Second Marc Lindeen

Motion passes

### **15. Discuss Legislative issues pertinent to MHDS/Region**

Reviewed a letter via overhead projector from Larry Vest, Tama County Board of Supervisor. Tama County hired an attorney to provide a report concerning unfunded mandates and the cost shift to counties and regions regarding the implementation of House File 2456. This legislation required additional intensive mental health services funding largely by county levy dollars. Lee Dimmit did forward this letter to the Jefferson County Attorney to review. Lee is going to talk to the Jefferson County Board of Supervisors about the letter and reaching out to Mr. Vest. If they approve he will contact Mr. Vest about the content of the letter and what Tama County intends to do with that information. He will let Ryanne know the outcome of that conversation.

### **16. Discuss SEIL Legislator meeting**

The management team discussed this and felt that it may be too early to set up a meeting. A lot of questions came up about what access centers will do to remediate the problems across sheriffs department and their concerns, the board of supervisors, the governing boards and the financing of the system and for the management team on the behavioral health side. It may be too early to setup conversation because we don't have any answers. Clarification is needed on



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are access centers locked facilities, do they detain people, do they hold people on a 48 or 72 hour hold in a community-based setting. Consensus based on what is currently known is they probably won't provide that level of service.

### **17. Discuss SEIL Governing Board, management team, and Sheriff department meeting**

This discussion was included in agenda item sixteen.

### **18. New Business**

None

### **19. Adjourn**

Motion to adjourn

By Michael Berg

Second Jack Seward Jr.

Motion passes

Minutes submitted by Marc Lindeen, Secretary, April 23, 2019. MLsb