



1st Five Healthy Mental Development Initiative

**WASHINGTON COUNTY
DIRECTORY
OF
COMMUNITY
SERVICES**

**Including the communities of Ainsworth, Brighton,
Crawfordsville, Kalona, Riverside, Washington,
Wellman, and West Chester**



110 N. Iowa Avenue, Suite 300
Washington, Iowa 52353
319-653-7758
www.washph.com
www.facebook.com/washph

Table of Contents

Emergency.....2

Child Care2

City and County Offices3

Counseling & Mental Health3

Dental.....4

Disability/Developmental Delay4

Education6

Employment/Job Training & Placement.....7

Family/Parent Support8

Food & Financial.....8

Health Care9

Housing11

Legal.....11

Libraries12

Senior Citizens.....12

Substance Abuse13

Transportation.....13

Wellness14

Youth Opportunities15

Information Helplines.....15

EMERGENCY

Fire	911
Police	911
Ambulance	911
Washington County Sheriff	319-653-2107
Iowa State Patrol	800-525-5555
Poison Control Center	800-222-1222
Mental Health Crisis Line	877-404-4770
24 hrs/day – Full Service Crisis Line for General Problems, Family Issues, Financial Issues, Abuse, Rape, Suicide, etc.	
Washington County Hospitals & Clinic ..	319-653-548
To Report Child & Adult Abuse & Neglect 24 hours a day	800-362-2178

CHILD CARE

Child Care Nurse Consultant

1609 Cedar St, Muscatine..... 563-263-0122
Providing on-site consultation, training, and technical
assistance to early childhood care and education to
Washington County providers.

Head Start hacap.org/whatwedo/children/programs
2175 Lexington Blvd, Bldg 1, Washington 319-653-7275
Preschool and All Day service for children ages 3 -5. Income
guidelines apply www.iowaheadstart.com

Kids Corral Daycare

1509 E. Washington St, Washington 319-591-8028
Serving children ages newborn through school age.

Kids Country Club

1369 Hwy 1, Kalona 319-656-5437
Serving children ages newborn through school age.

Sunrise Child Care sunrisewellman.com

525 13th St. Suite 202, Wellman..... 319-646-2890
Serving children ages 6 weeks through 5 years. After school
programs for school aged children.

Washington Community Y Cornelia S. Day Child Care Center washingtonty.org/child_care.aspx

821 N. 4th Street, Washington.....319-653-3315
Serving children from age 6 weeks through kindergarten. After
school programs for school aged children. (Building entrance
on N. 2nd St)

Up with Kids Day Care

1203 E Washington St. Washington.....319-653-7522

Iowa Child Care Resource & Referral iowaccrr.org

Parent Referral line..... 855-244-5301
Assists families in selecting child care providers who best meet
the needs of a child and their family.

Department of Human Services

304 South Maple, Fairfield.....800-626-6249
Listing of registered and licensed providers by county.
ccmis.dhs.state.ia.us/ClientPortal/ProviderLocator.aspx#

CITY & COUNTY OFFICES

Ainsworth City Hall	319-657-3761
Brighton City Hall	319-694-2695
Crawfordsville City Hall	319-658-3251
Kalona City Hall	319-656-2310

Riverside City Hall 319-648-3501
Washington City Hall 319-653-6584
Wellman City Hall 319-646-2154
West Chester City Hall 319-698-2600

POLICE (non-emergency) Washington Safety Center covers all towns in Washington County for non-emergencies 319-653-2107
 Wellman (Police) 319-646-2700

FIRE (non-emergency)
 Ainsworth 319-657-2863
 Wellman 319-646-2422
 West Chester 319-646-2422
 Washington Police Department dispatches to all other local fire departments 319-653-2239

Juvenile Court Services iowacourts.gov
 110 N. Iowa #420 319-653-2197

Washington County Courthouse co.washington.ia.us
 224 W. Main St., Washington
 Motor vehicle registration, drivers licenses, property taxes

Washington County Sheriff co.washington.ia.us/158/Sheriff
 2181 Lexington Blvd 319-653-2107

Local Chambers of Commerce

Kalona Chamber of Commerce kalonachamber.com/
 514 B Avenue, Kalona 319-656-2660

Washington Chamber of Commerce chamber.washingtoniowa.org
 205 W Main St, Washington 319-653-3272

Wellman Chamber of Commerce facebook.com/wellmanchamber/

COUNSELING & MENTAL HEALTH

CommUnity Crisis Services and Food Bank (Formerly Crisis Center of Johnson County)

www.iowacrisischat.org
 Iowa City Center...319-351-0140 or Toll Free 855-325-4296
 Text 1-855-325-4296
 National Hotline.....800-273-TALK (8255)
 Emotional support, crisis intervention and suicide prevention services provided through online support, text, or chat.

Domestic Violence Intervention Program dviipiowa.org
 1105 S. Gilbert St, Iowa City 319-351-1043
 24 Hour Crisis Line 800-373-1043
 Providing support, safe shelter, resources, and information to individuals battered by their intimate partner.

First Resources CHOICES Drop-in Recovery Center
 114 W 2nd St, Washington 319-591-8176
 CHOICES is a consumer run drop in center that provides social support for adults with psychiatric needs. First Resources also provides Intensive Psychiatric Rehabilitation.

Grace C Mae advocatecenter.org
 420 E Polk 319-653-2930
 Individual, family, group, cognitive, and play therapy to help people find solutions to a variety of life issues and problems.

Hillcrest Family Services hillcrest-fs.org
 2175 Lexington Blvd 319-653-6161
 Offers a wide range of behavioral health services for individuals, couples, and families facing a variety of life challenges, as well as crisis intervention.

Rape Victim Advocacy Program (RVAP)
isah.uiowa.edu/directory/county/show/washington
 Local crisis line: 319-335-6000
 Regional crisis line: 800-228-1625
 Office phone number: 319-335-6001

Systems Unlimited sui.org
208 S Iowa Ave..... 319-653-3356
Offers individual and family therapy as well as skill building services.

UIHC Child Psychiatry Services
uichildrens.org/medical-services/psychiatry-and-psychology
200 Hawkins Drive.....888-573-KIDS (5437)
Services ranging from outpatient care to acute inpatient treatment and include medication management, educational consultation and testing, psychological testing, individual therapy, and family counseling.

UIHC Adult Psychiatry Services
uihc.org/medical-services/psychiatry
200 Hawkins Drive..... 800-777-8442

Washington County Mental Health and Disability Services
co.washington.ia.us
2175 Lexington Blvd Bldg #2 319-653-7751
Washington County Mental Health and Disability Services is a local access point where people may apply for service funding, receive referrals and get questions answered.

DENTAL

Dental House of Washington
525 S. Hwy 1, Washington 319-653-4451
Washington Dental Care washingtondentalcare.com
1051 W. Madison St, Washington 319-653-3412
Dr. Deb Krotz-Dieleman
218 S Iowa Ave, Washington 319-653-4298
Dr. Chad Wiese
1004 E Washington St, Washington 319-653-2201
Dr. Suzanne Stock – Orthodontist drssortho.com
110 E Main St..... 319-653-5090
Community Health Centers of Southeastern Iowa
chcseia.com
2409 Spring St, Columbus City..... 319-728-7400

Kalona Family Dental drgrimmdental.com
409 B Ave, Kalona 319- 656-3264
River Hills Community Health Center riverhillshealth.org
100 Main St., Richland..... 319-456-2045
Riverside Family Dental drgrimmdental.com
380 East Hickory Street, Riverside 319-648-3900
Dr. Polly Iben (Pediatric)
pedsddsiccv.com/meet-us/meet-dr-polly-iben
414 10th Ave B, Coralville 319-338-7520
Dr. Donald Peterson Jr. (Pediatric) dentistforkidz.com
501 12th Ave #202, Coralville..... 319-351-5439
Dr. Bart Thompson (Pediatric) bartthompsondental.com
1031 Wade St, Iowa City..... 319-338-8571
Dr. Kaaren Vargas (Pediatric) corridorchildrensdentistry.com/en
1738 Lininger Ln, North Liberty 319-665-2573
University of Iowa Pediatric College of Dentistry
dentistry.uiowa.edu/pediatric
801 Newton Rd., Iowa City..... 319-335-7485

DISABILITY/DEVELOPMENTAL DELAY

Center for Disabilities and Development (CDD)
100 Hawkins Drive, 213 CDD, Iowa City 877-686-0031
Provides a team approach to find answers for patients with complex needs.

CHADD (Children & Adults with Attention Deficit/Hyperactivity Disorder)
chadd.net/template.cfm?affid=347&p=about
Cedar Rapids branch..... 319-551-8352
Information and support for families and individuals affected by ADHD.

Child Health Specialty Clinics (CHSC) chsciowa.org
100 Hawkins Dr., 230 CDD Iowa City..... 866-219-9119
A community based public health agency serving children and youth who have or at risk of having special health care needs including chronic conditions, behavioral or emotional disorders or more complex health conditions.

CHSC's Iowa Regional Autism Assistance Program
<https://chsciowa.org/regional-autism-assistance-program.asp>
..... 866-219-9119
Connects families to services for their child (ages 0-21) with Autism Spectrum Disorder. Families have access to care coordination and family to family support in their community.

ChildServe Center childrenscenterfortherapy.org
1552 Mall Drive, Iowa City 319-351-5437
Services include respite care, supported community living, and behavioral health services in addition to pediatric physical, speech, and occupational therapies.

Disability Rights Iowa disabilityrightsiowa.org
email: info @DRIowa.org 800-779-2502
Information, education, and legal assistance provided for persons with disabilities, including mental illness, to help them deal with discrimination.

DHS Iowa Department of Human Services
dhs.state.ia.us
304 South Maple, Fairfield...800-642-6249 or 641-472-5011
Provides a variety of economic programs for people with disabilities.

Grant Wood Area Education Agency www.aea10.k12.ia.us
4401 Sixth Street SW, Cedar Rapids.....319-338-8488 or 319-399-6700
See description under *Children, Youth & Families*

Optimae Lifeservices optimaeliveservices.com
1415 West 5th St 319-653-6571
Provides health care and human services for individuals with developmental disabilities.

REM – Iowa remiowa.com
1307 N. 5th Ave 319-653-7306
Services for people with intellectual and developmental disabilities as well as day and residential services for those with brain injuries.

Systems Unlimited sui.org
208 S Iowa Ave 319-653-3356
Provides supported community living services to children and adults in their own homes. Services can be provided through the Home and Community Based Medicaid Waivers or through Chapter 24.

The Arc of Iowa <http://thearcofiowa.org>
2620 Muscatine Ave, Iowa City 319-351-5017
The Southeast Iowa affiliate of the national organization on mental retardation.

Washington County Mental Health and Disability Services
co.washington.ia.us
2175 Lexington Blvd Bldg #2 319-653-7751
See information under “Counseling & Mental Health”

WCDC wcdcinc.com
1425 W 5th St 319-653-7248
Provides services including day habilitation, transportation, and community living for individuals with developmental disabilities as well as skill development for children and families with emotional disabilities and other dysfunctional behaviors. WCDC provides supported employment services through **Advanced Employment Services**
109 S Marion Ave, Washington 319-653-7568

EDUCATION

Grant Wood Area Education Agency aea10.k12.ia.us
4401 Sixth Street SW, Cedar Rapids.....319-399-6700 or 800-332-8488

Childcare Alliance Response Team: Intensive behavioral support for children in child care settings.

Early ACCESS: Early intervention for children birth to three with delays in development or health/physical conditions that affect development.

Autism Core Team: Members of this team provide a variety of services including student observation, functional analysis, educating peers about autism, and a variety of other services to help support individuals in the autism spectrum and the staff working with them.

Special Education: Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in select school centers, speech-language services and special education consulting.

PRESCHOOL – Grade 12

First Baptist Preschool

122 E 2nd St, Washington 319-653-3748

Head Start Preschool

2176 Lexington Blvd, Washington 319-653-4319
Income based no cost preschool

Kingdom Kids Preschool

209 E Main, Washington 319-653-6588

St James Preschool

616 W 2nd St, Washington 319-653-3631

Highland Community School District

highland.k12.ia.us

Highland Elementary (Preschool)

220 Schnoebelen St, Riverside 319-648-2821

Middle School

1715 Vine Ave, Riverside 319-648-5018

High School

1715 Vine Ave, Riverside 319-657-4101
or 319-648-2891

Mid-Prairie Community School District

mid-prairie.k12.ia.us/pages/Mid-PrairieCSD

Mid-Prairie East Elementary (Preschool)

702 6th St., Kalona 319-656-2243

Mid-Prairie West Elementary (Preschool)

800 6th Ave, Wellman 319-646-2984

Middle School

713 F Ave., Kalona 319-656-2241

High School

1634 Hwy 22, Wellman 319-646-6091

Alternative Learning Center

1636 Hwy 22, Wellman 319-646-6093

WACO Community School District

WACO Elementary (Preschool)

200 S Main St, Crawfordsville 319-658-2931

WACO Jr. and High School

706 N. Pearl St, Wayland 319-256-6200

Washington Community School District

washington.k12.ia.us

Stewart Elementary (Preschool)

821 N 4th Ave., Washington 319-653-3244

Lincoln Elementary

606 N 4th Ave, Washington 319-653-3691

Middle School

313 S 4th Ave, Washington 319-653-5414

High School

1111 S Avenue B, Washington 319-653-2143

Washington/WACO Home School Assistance Program

300 S. Iowa Ave., Washington 319-653-4655

Private Schools

Iowa Mennonite School (9-12)

iowamennonite.org

1421 540th St SW, Kalona 319-656-2073

Pathway Christian School (K-12)

pathwaychristian.net

5764 Highway 1 SW, Kalona 319-656-5443

St James School (PreK-5) stjameschool.pvt.k12.ia.us/
602 W 2nd Street, Washington 319-653-3631

Post Secondary and Adult Education

Kirkwood Community College: Washington County Regional Center kirkwood.edu/washingtonregional
2192 Lexington Blvd., Washington 319-653-4655
College courses provided to help students complete an AA, transfer to a 4 year college, or earn college credit while in high school.

Iowa State University Extension extension.iastate.edu/washington

2223 250th St, Washington 319-653-4811
Information and educational programs including aging, childcare, financial management, food safety, nutrition and more.

L.E.T.'s Center for the Healing and Creative Arts letscenter.org/

114 N. Iowa Ave, Washington 319-531-1219
Offers a variety of classes as well as a place for people to learn, experience, and practice many different types of art.

EMPLOYMENT/JOB TRAINING & PLACEMENT

Advanced Employment Services wcdcinc.com
109 S Marion Ave, Washington 319-653-7568
Supportive services for persons with disabilities to learn job skills and to find/maintain employment.

Iowa Vocational Rehabilitation Services ivrs.iowa.gov
1700 South 1st Ave, Suite 25D, Iowa City 319-337-5733
Provides individualized job placement, career exploration, and vocational training services to eligible individuals with disabilities.

Iowa Workforce Development / IowaWorks Center / Job Corps of Iowa iowaworkforcedevelopment.gov/cedar-rapids-iowa-city

Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City 319-351-1035
Provides job placement services to unemployed and underemployed individuals, and processes unemployment insurance claims. Workforce Investment Act (WIA) serves individuals ages 16 and up.

Promise Jobs (IowaWorks Center)

iowaworkforcedevelopment.gov/promise-jobs
Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City 319-351-1035
Application approval and referral from DHS required. Pre-employment and on the job training, secondary education certification. Financial assistance for low-income persons with tuition, childcare and transportation. This program is available for individuals on the Family Investment Program (FIP).

FAMILY/PARENT SUPPORT

1st Five Healthy Mental Development Initiative

<http://www.washph.com/ChildHealth/1stFive.aspx>
110 N. Iowa Ave, Ste. 300, Washington...319-653-7758 ext. 105
A Washington County Public Health program that links families with children from 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

Children in the Middle Classes

family-development.org
Family Development Associates 800-261-5097
Provides educational classes in Washington Co. that focus on the needs of children whose families are in the midst of a change or conflict, such as divorce or separation.

ISU Extension & Outreach Washington County Office

extension.iastate.edu/washington

2223 250th Street 319-653-4811

Offering classes in finance, nutrition, food safety, and more.

The Family Connection

washph.com/ChildHealth/TheFamilyConnection/asp

110 N. Iowa Avenue Suite 300..... 319-653-7758

A free early childhood focused family support and education program for parents and their children ages 0-4 living in Washington County. Services include in-home visits, weekly playgroups, and family-focused group activities.

Washington County Public Health

washph.com

110 N. Iowa Ave, Washington 319-653-7758

Committed to protecting and promoting the health of all Washington County residents, Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, nursing and home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

FOOD & FINANCIAL

Food Pantries

All pantries listed have different times and regulations. Please contact them by phone before going to the sites.

Ainsworth Community Church

350 N 4th, Ainsworth 319-653-3020

Church of God

322 S Ave D, Washington..... 319-653-5678

Asberry UMC

601 8th Ave, Wellman 319-646-2417

Fairview Mennonite Food Pantry

2605 540th At, Kalona 319-683-2571

Grace Community Church

301 W 2nd St, Washington 319-653-3881

Food for All – Kalona UMC

302 4th St, Kalona..... 319-656-2642

HACAP

2175 Lexington Blvd. Bldg #1, Washington 319-653-7275

Mobile Food Pantry – Open on the 1st Thursday of each month in **Brighton** (City Hall) from 10:30 am-11:30 am and **Washington** (United Presbyterian Church Parking Lot) 1-2 pm

House of Plenty Food Pantry – Kalona

1103 J Ave, Kalona..... 319-656-2298

Kalona Food Pantry

401 E Ave, Kalona 319-656-5285

Our Church Community Church

1474 Franklin Ave, Wayland..... 319-461-0576

St. Mary’s Hall

360 Washburn St., Riverside 319-648-2331

Community/Senior Meal Sites

United Presbyterian Church – Saturday Kitchen 11 am-1 pm

209 East Main, Washington 319-653-6588

Wellman Senior Dining

223 8th Ave., Wellman..... 319-646-2711

Financial

DHS Iowa Department of Human Services dhs.state.ia.us

304 South Maple, Fairfield..... 800-642-6249 or 641-472-5011

Hrs: Monday – Friday 8 am – 4:30 pm

Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid). Referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, and child abuse assessments.

SNAP oasis.iowa.gov

Government food assistance program 855-944-3663

WIC – Women, Infants & Children Program

idph.iowa.gov/wic

WIC is a supplemental food program for pregnant and nursing mothers, and children from birth through age 5. Johnson County WIC provides services in Washington County.

Washington WIC scheduling 319-653-7758
Iowa City WIC scheduling..... 319-356-6042

General Assistance

co.washington.ia.us/291/General-Assistance

2175 Lexington Blvd, Washington 319-653-7768
General Assistance is located in the Orchard Hill Complex Building #2. Provides assistance on a temporary basis for a limited period of time. It can be used to pay for basic needs such as: rent, utilities, burial, and food vouchers for clients who are unable to work.

HACAP

2175 Lexington Blvd. Bldg #1, Washington 319-653-7275
Applications for LiHEAP, Low Income Home Energy Assistance Program.

Washington County Veterans Affairs

co.washington.ia.us/181/Veterans-Affairs

2175 Lexington Blvd, Building #2 319-653-7768
Support for veterans and their families.

HEALTH CARE

Chiropractic Providers

Bright Futures Chiropractic

131 E Ave, Kalona..... 319-656-2888

Brown Chiropractic

109 N Marion Ave, Washington 319-653-3336

Burdock Family Chiropractic

208 S Marion Ave, Washington 319-653-3573

Campbell Chiropractic Office

1359 Ginkgo Ave, Wellman 319-646-2411

Eastern Iowa Chiropractic & Massage Therapy

112 E Washington St, Washington..... 319-653-6000

Errthum Chiropractic

412 C Ave, Kalona 319-656-2085

Ryan Miller J DC

214 8th Ave, Wellman..... 319-646-6800

Tweeton Chiropractic

214 S Iowa Ave, Washington..... 319-653-2351

Washington Chiropractic PC

411 B Ave, Kalona 319-656-3756

Medical Providers

Community Health Center

chcseia.com/services.htm

2409 Spring Street, Columbus City 319-728-7400
Provides affordable, comprehensive, primary health care, especially those individuals/families with limited resources or other barriers to health care.

Community Health Center riverhillshealth.org

100 West Main, Richland..... 319-456-2045
Medical and dental services as well as assistance in applying for medical insurance coverage.

Compassus

compassus.com/

1621 E. Washington St, Washington 319-653-2035
Provides hospice and respite services to a 10 county area. Services available 24/7 at home, hospital, or nursing home.

Flexible Family Care

301 S. Iowa #1, Washington 319-653-9355

Hospice of Washington County hospicewashingtoncounty.org

948 East 11th Street, Washington 319-653-7321
Provides Hospice and Palliative Care services to a 7 county area. Nursing services available 24/7. Other services include social work, chaplain, health aides, and therapists.

Iowa Family Practice

305 W. Main St, Washington..... 319-461-0130

Mercy Family Medicine of Kalona

mercyfmkalona.portalforpatients.com/portal/default.aspx

207 1st Street, Kalona..... 319-656-3151

Wellman Family Practice

cityofwellman.com/businesses/wellman-family-practice

217 8th Ave SW #3, Wellman.....319-646-2800

University of Iowa Hospital and Clinics River Crossing

uihc.org/ui-health-care-river-crossing

3056 River Crossing Ct, Riverside 319-467-8355

WCHC Medical Clinic wchc.org

444 E. Polk St, Washington..... 319-653-6601

WCHC Family Medicine wchc.org

1230 S. Iowa, Washington..... 319-653-7291

WCHC/UIHC Midwife Clinics

Midwives from UIHC offer prenatal visits at WCHC a minimum of twice each month. Newborn delivery will take place in UIHC. Call and request to be seen at WCHC..... 800-777-8442

Washington County Public Health washph.com

110 N. Iowa Ave, Washington..... 319-653-7758

Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

Medical Equipment & Supplies

Free equipment rental

Sonshine Outreach

301 W. 2nd St, Washington..... 319-591-1333

Located behind Grace Community Church

Equipment Purchase

Community Medical Supply

505 Hwy 1 South, Washington 319-653-5797

Stout Supply

3096 Old White Way, Ainsworth..... 319-657-4127

Pharmacies providing Home Delivery

Hy-Vee Pharmacy

528 Hwy 1 South, Washington 319-653-2155

Miller Medicine Cabinet (delivery in Kalona and Wellman)

214 5th, Kalona..... 319-656-3134

Pharmacy on 8th

221 8th Ave, Wellman..... 319-646-3388

Smart Scripts (home and mail delivery)

www.smartscripts.com

1010 W Madison, Washington 844-597-6278

WCHC Beans Pharmacy

222 S Iowa Ave, Washington..... 319-653-4646

Physical Therapy

Jet Physical Therapy www.jetpt.net

511 Hwy 1 South, Washington 319-653-5494

525 13th Street, Suite 101, Wellman 319-646-5381

Physical Therapy Services PC

423 B Ave, Kalona 319-656-3177

Washington County Hospital and Clinics Rehabilitation

Services

400 E Polk St, Washington 319-863-2030

Vision

Eye Associates of Iowa City, Kalona Office

eyeassociatesic.com/about-us/kalona-office

204 5th Street, Kalona..... 319-656-2420

Modern Eye Care modeyecare.com

301 S. Iowa, Washington 319-653-2371

UIHC River Crossing uihc.org/ui-health-care-river-crossing
3056 River Crossing Ct, Riverside 319-467-8355
Axis Vision Care <http://www.washeyecare.com>
221 N 2nd Ave, Washington.....319-653-4558
or 800-653-7925

HOUSING

Area XV Multi-County Housing Agency areaxvhousing.org/
417 N College St, Agency.....641-937-5222 or 800-848-9438
Administers three different types of housing programs in
Southeast Iowa; Public Housing, Section 8 Housing Choice
Voucher Program, Area 15 Apartments Program (for elderly
and disabled only).

HUD Housing portal.hud.gov/hudportal/HUD
Provides oversight for Public Housing Agencies, administers
FHA home mortgage program, & provides other housing
information and assistance.

Habitat for Humanity www.iowavalleyhabitat.org
2401 Scott Blvd SE, Iowa City, IA 52240..... 319-337-8949
Home ownership program. See website for details.

Helping Hands: Affordable home repairs and aging in place
modifications for homeowners.

HACAP hacap.org
2175 Lexington Blvd. Bldg #1, Washington 319-653-7275
HACAP offers transitional housing to income eligible applicants
who will learn a variety of skills while completing all
compliance requirements. Apartments located at 2176
Lexington Blvd.

Shelter House shelterhouseiowa.org/
429 Southgate Ave, Iowa City..... 319-351-0326
Provides emergency shelter and assistance to help individuals
find affordable housing and permanent supportive housing.

Other Low Income Apartments

Ashley Lynn Condominiums

elliottrealtygroup.com/rental-properties
325 & 375 West 18th St 319-461-4413
Information and rental application available at the website.

Autumn Park Apartments

841 W Monroe St..... 319-653-6804
Autumn park apartments offers senior, low income,
handicapped accessible housing.

Briarwood Apartments

700 W Tyler St, Washington 319-591-8213

Highland Park Apartments

215 East 15th St, Washington...319-530-0716 or 319-863-3621

Lantern Grove Apartments

1608 N. 5th Ave, Washington 319-653-6555

Washington Court Apartments

1302 N. 2nd St., Washington 319-461-3067

Woodbridge Apartments

603 W. Adams St., Washington 319-362-1029

Kalona Valley Apartments

307 5th Street, Kalona..... 319-656-2614

Landlord list available at

Washington Chamber of Commerce.....319-653-3272

LEGAL

Disability Rights IOWA

disabilityrightsiowa.org/
400 E Court Ave #300, Des Moines.....515-278-2502 or
800-779-2502

Disability Rights IOWA aims to defend and promote the human
and legal rights of Iowans who have disabilities and mental
illness.

Iowa Legal Aid

iowalegalaid.org/
1700 S 1st Ave, Iowa City..... 800-532-1275

for Iowans age 60 and over..... 800-922-8161
 Applications for free legal advice can be completed online, via telephone or in person. Offices are open 8:30 to 4:30 (emergencies taken when open).
 People who cannot get help from Iowa Legal Aid may be able to find a lawyer through the Iowa State Bar Association's website. iowafindalawyer.com/800-532-1108
 Attorneys taking part in **Find-a-Lawyer** charge a \$25.00 fee for the first 30-minute consultation

Iowa State Public Defender spd.iowa.gov/
 216 South 3rd, Burlington.....319-753-5163
State Attorney General iowaattorneygeneral.gov
 Consumer Protection Division, Des Moines....515-281-5926 or 888-777-4590
Washington County Atty
 222 W Main St, Washington.....319-653-7721

LIBRARIES

Kalona Public Library kalona.lib.ia.us
 510 C Ave 319-656-3501
Washington Public Library washington.lib.ia.us
 115 W. Washington..... 319-653-2726
Wellman-Scofield Public Library wellman.lib.ia.us
 711 4th St..... 319-646-6858

SENIOR CITIZENS

Home Health Services – Each of the following providers is different but services can include Skilled Nursing, Home Care Aides, and Homemakers. Home Care Services can usually be paid for by: Medicare, Medicaid, private insurance, VA. Private pay services may be available on a sliding fee scale.

Comfort Keepers coralville-585.comfortkeepers.com/
 1752 5th St, Coralville 319-354-0285

Optimae Home Health optimaeliveservices.com/
 1415 W. 5th, Washington 319-653-6571

Washington County Public Health washph.com/
 110 N. Iowa Ave, Suite 300, Washington 319-653-7758

Wesley in Home (coordinated through Lending Hands Inc)
wesleylife.org/living-options/halcyon-house-washington/default.aspx
 310 Hwy 1 and 92 N, Washington 319-653-2661
 Services, provided for private pay clients only, is coordinated through Lending Hands Inc.

Adult Day Care
Lending Hands Inc
wesleylife.org/contact-us/adult-day-lending-hands.aspx
 301 Hwy 1 and 92 N, Washington 319-653-2661
 Adult day care. Associated with Halcyon House retirement complex.

Home Delivered Meals
Meals on Wheels - A Program of Elder Services
livablecommunity.org/Services/67834F8C-2AC6-4E1F-BF40-69E5080AAEC7/Meals-on-Wheels-A-Program-of-Elder-Services-Inc.aspx
 1556 S 1st Ave., Ste A, Iowa City 319-338-0515
 Delivers frozen meals, breakfast bags to the home on a bi-weekly basis.

Pleasantview Home Kalona only 319-656-2421

Wellman Senior Dining..... 319-646-2711

Community Meal Sites
United Presbyterian Church – Saturday Kitchen 11 am–1 pm
 209 East Main, Washington 319-653-6588
Wellman Senior Dining
 223 8th Ave., Wellman..... 319-646-2711

Other Senior Services

Washington County Veterans Affairs

co.washington.ia.us/181/Veterans-Affairs

2175 Lexington Blvd, Building #2, Washington...319-653-7768

Support for veterans and their families.

Social Security Administration www.ssa.gov

..... 800-772-1213

SUBSTANCE ABUSE

Al-Anon & Alateen iowa-al-anon.org/meetings/washington-caring-and-sharing-afg/

Support group for persons who feel their lives have been, or are being affected by alcoholism in a family member or friend.

Alcoholics Anonymous

<http://www.iowadist10aa.org/aa-meetings-in-washington%2C-ia.html>

Iowa City Contact Number319-338-9111

National Help Line 800-234-2046

Support group for individuals who have experienced problem drinking and want to stay sober. Washington and Wellman are in **District 10** Riverside and Kalona are in **District 13**

Prelude Behavioral Services preludeiowa.org

1201 Industrial Park Drive, Washington 319-653-7597

Provides a variety of services including drug testing, counseling, problem gambling, OWI courses, and prevention.

Narcotics Anonymous 800-897-6242

Support group for individuals who have experienced drug addiction and want to stay sober.

St Luke's Chemical Dependency Services

unitypoint.org/cedarrapids/default.aspx

810 1st Ave NE, Cedar Rapids..... 319-363-4429

Provides a variety of services including comprehensive

evaluation, inpatient detoxification, and intensive outpatient therapy.

U of I Chemical Dependency Program

uihc.org/substance-use-disorders

200 Hawkins Dr, Iowa City319-384-8765

Provides a full range of services including extended and intensive outpatient programs, and services for students.

Washington County Outreach

washington.ia.us/229/Outreach

2175 Lexington Blvd #3, Washington319-653-7749

Provides probation supervision services to court ordered individuals, substance abuse assessment, and referrals.

Advance Medical Transport

manta.com/c/mr41bkw/advanced-medical-transport-of-iowa

2228 Heinz Rd, Iowa City319-341-7799

Celebrate Recovery – Brighton

<https://www.celebraterecovery.com/>

A Christ centered recovery program.

Rick Zickefoose.....319-548-0073

Ryan Dexter319-931-6483

TRANSPORTATION

Southeast Iowa Ambulance Service

seiowaambulance.com

4165 Naples Ave SW # 5, Iowa City319-466-0735

Washington County Minibus

washingtoncountyminibus.squarespace.com

1010 W 5th St, Washington319-653-2853

Wheelchair Van Service via Washington County Ambulance

washingtoncountyambulance.net

1120 N 8th Ave, Washington319-653-2047

Utilities and Public Services

Driver's License/ID Washington County Treasurer's Office
County Courthouse319-653-7789

Gas & Electric

Alliant Energy
220 East 3rd St, Washington..... 800-255-4268

MidAmerican Energy

1630 Lower Muscatine Rd, Iowa City.....319-472-5632

WELLNESS

Farmers Markets

Riverside Farmers Market

Sundays 10 am – 1 pm July through September at the
Riverside Casino Parking Lot, 3184 Hwy 22

Washington Farmers Market

5-7:30 pm on Thursdays in Central Park from May through
October

Wellman Farmers Market

Tuesdays 4-6 pm at Bidwell-Slockett Park during the summer
months.

Wellness Education

Washington County Hospital and Clinics

www.wchc.org

400 E Polk St, Washington..... 319-653-4271
Cardiac Rehabilitation, Diabetes Education, Fresh Start Weight
Loss, Healthcare Library

Fitness/Swim Centers

Kalona Municipal Pool 319-656-2309

Kalona Rec Center kalonacommunitycenter.com/

511 C Ave 319-656-2310

Washington Steele Family Aquatic Center... 319-653-6054

YMCAs of Washington County

washingtonty.org/home.aspx

Each Community Y offers a variety of programming, services,
and opportunities for individuals of all ages.

Wellman - 22525 13th St 319-646-8439

Washington has two locations:

2121 E Main..... 319-653-2141

2110 S Iowa 319-653-6500

Outdoor Tracks (available for public use when not is school
use and according to school rules)

Case Field.....South 9th Avenue, Washington

Highland School District Track.....1715 Vine Ave, Riverside

Mid-Prairie School District Track.....1634 Hwy 22, Wellman

Parks, Trails & Recreation Areas

Brinton Timbers Park.....Fir Ave North, west of Brighton

Clemons Creek Wildlife and Recreation Area

.....Kiwi Ave, Washington

Fern Cliff County Park.....Fern Cliff Road, Crawfordsville

Kewash Nature Trail.....D Ave, Washington

Washington County Conservation Education Center &

Marr Park.....2943 Hwy 92, Ainsworth

Lake Darling State Park.....111 Lake Darling Road, Brighton

Sunset ParkHwy 92, Washington

Wooden play area, disc golf course, dog park, skate park

**For a complete list of parks in Washington County
visit....**

co.washington.ia.us/170/Conservation

chamber.washingtioniowa.org/parks-recreation/

Youth Opportunities

Boy Scouts of America hawkeyebsa.org

Hawkeye Area Council
660 32nd Ave. SW, Cedar Rapids 319-862-0541
Cub Scouts is a family centered program for boys from 1st to 5th grades that fosters self-esteem and teaches cooperation.

Elements kalonayouth.com/index.html

511 C Avenue, Kalona..... 319 656 2400
Outreach program for kids from grades 6-12 operated by Kalona Youth Organization.

Girl Scouts of Eastern Iowa and Western Illinois

GSEIWI.org

Local troops provide opportunities to help girls discover their strengths and passions with a mission to grow girls of confidence & character who will make the world a better place.

ISU Extension & Outreach Washington County Office

extension.iastate.edu/washington

2223 250th Street 319-653-4811
4-H & Youth Programs, special events and much more!

Kalona Rec Center kalonacommunitycenter.com/

511 C Ave 319-656-2310

YMCA of Washington County

washingtoney.org/home.aspx

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ADDITIONAL INFORMATION HELPLINES

Alcoholism & Drug Dependence, Nat. Council.. www.ncadd.org	800-622-2255
Alzheimer's & Related Disorders www.alz.org	800-272-3900
American Cancer Society www.cancer.org	800-227-2345
American Heart Association www.heart.org	800-242-8721
American Lung Association of Iowa www.lung.org	800-586-4872
Bullying & Youth Suicide Hotline www.yourlifeiowa.org	855-581-8111
COMPASS, Iowa (disabled) www.iowacompass.org	800-779-2001
Crisis Text Line	Text "Go" to 741741
Cybertip Hotline (Center for Missing & Exploited Children).....	800-843-5678
Department of Human Services Child & Adult Abuse Hotline....	800-362-2178
Domestic Violence Abuse Hotline www.thehotline.org	800-799-7233
Mental Health Crisis Line-24 hrs a day www.....	877-404-4770
Gambling Hotline (BETS OFF) www.1800betsoff.org	800-BETS-OFF
Paws & More Animal Shelter.....	319-653-6713
IRS (Federal Income Tax Info) www.irs.gov	800-829-1040
Lead Poisoning.....	800-972-2026
Medicare Hotline www.medicare.gov	800-633-4227
Narcotics Hotline (report suspected drug and meth activity).....	800-532-0052
National Hispanic Family Health Help Line.....	866-SU-FAMILIA
National Youth Crisis Hotline.....	800-442-4673
Poison Control www.iowapoisson.com	800-222-1222
Quitline Iowa (quit smoking) www.quitlineiowa.org	800-784-8669
Rape, Abuse, & Incest National Network (RAINN).....	800-656-4673
Sexual Abuse Hotline-Iowa	800-284-7821
Social Security Administration www.ssa.gov	800-772-1213
Substance Abuse Information Center www.drugfreeinfo.org	866-242-4111
Suicide Prevention www.suicidepreventionlifeline.org	800-273-8255
Veterans Foundation Help Line.....	888-777-4443
Weather & Road Information www.511ia.org.....	511 or 800-288-1047

Updated June 2019

To submit new or corrected information for the next update of this directory please email rsloat@washph.com