



# SOUTHEAST IOWA LINK (SEIL)

## MENTAL HEALTH AND DISABILITY SERVICES REGION

DES MOINES, HENRY, JEFFERSON,  
KEOKUK, LEE, LOUISA, VAN BUREN  
& WASHINGTON COUNTIES

DATE	CONVENING TIME	LOCATION
October 10, 2018	1:30pm	Henry Co. Court House 100 East Washington St. Mount Pleasant, IA 52641

### Southeast Iowa Link Governing Board Approved Minutes

Present: Rick Larkin, Jack Seward Jr., Tom Broeker, Dee Sandquist, Michael Berg, Chris Ball, Mark Meek, Bob Bartles, Don Ross, Ryanne Wood, Sarah Berndt, Sandy Stever, Tami Gilliland, Bobbie Wulf, April Krogmeier

**1. Approve Agenda** the meeting was called to order at 1:30 pm

Motion to approve the agenda

By Mark Meek

Second Jack Seward Jr

Motion passes

**2. Consider Approval of September 12, 2018 minutes**

There should be a change in the minutes under agenda item four to reflect that counties are going through a software update with Tyler. Counties are not changing to Tyler as the minutes reflect.

Motion to approve the September 12, 2018 minutes with the correction noted

By Michael Berg

Second Tom Broeker

Motion passes

**3. Update from Advisory Board members**

At the September Change Agent meeting a survey was distributed for members to complete. The purpose of the survey was to prioritize development of the new core services. Thirty-one surveys were returned. There was a request that the survey and results be sent to the governing board members and include the Chapter 24 description of the services.

Outcome of the survey was:

Region perspective order of priority

1. Tertiary care which is like a behavioral health intensive care unit
2. Intensive residential service homes
3. Access center
4. Subacute services
5. Assertive community treatment
6. Statewide crisis line
7. Substance abuse services was written in

Region perspective at the State level order of priority

1. Tertiary care
2. Access Center
3. Intensive residential service home
4. Subacute services
5. Assertive community treatment



## **SOUTHEAST IOWA LINK (SEIL)**

### **MENTAL HEALTH AND DISABILITY SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,  
KEOKUK, LEE, LOUISA, VAN BUREN  
& WASHINGTON COUNTIES

6. Statewide crisis line
7. Substance abuse was written in

Discussion at Change Agent and Advisory Board included establishing a mobile crisis response team. There is a request for the governing board to support establishing this service. An additional recommendation is this be developed and imbedded with the crisis intervention training/team and 911 dispatch. A crisis assessment with mobile crisis and divert a person from the emergency department. Mobile crisis is a Chapter 24 accredited service. There is a sub-committee working on mobile crisis response to work out the framework for the request for proposal. There are regions who have mobile crisis in the urban areas where the service is well utilized. There are challenges with mobile crisis serving rural areas.

Successes reported include Optimae has staff to complete wellness recovery action plans in Burlington and Hillcrest has a nurse practitioner recruited and has hired a therapist.

The issue last month of managed care organizations (MCO's) delay in allowing the billing of crisis intervention service being due to their inaction has been addressed. The MCO's have changed their position on issuing payment. This may be linked to the discussion with Julie Jetter from the Department of Human Services last month.

MCO's are getting better at paying on time. Getting prompt payments takes a lot of effort on the provider's part. The Governor was going to look into the slowness of Medicaid payments and make changes. The Governor had the authority to make the MCO's pay interest to providers and chose to block that legislation.

The MCO's approve individuals for tier utilization 1-9, however, they may approve a U9 then after thirty days this gets cut to a U5 which is half the amount of service as the U9. This creates an issue with compliance of a treatment plan, as the funding changes before the individuals service needs have improved so they can be successful at the lower level. Appeals don't change what has been authorized. The rules reflect services are to be reviewed annually, but MCO's push that out for six more months. This puts the provider out of compliance and their reviews then reflect a deficiency.

Chris Betsworth will be the Advisory Boards alternate provider representative to the SEIL Governing Board.

Hope Haven is developing a co-occurring residential care facility with clinical addiction treatment support from Alcohol and Drug Dependency Services (ADDS) and clinical mental health service support from Great River Mental Health. This service will be located at the Cottonwood RCF site in Burlington. There could still be glitches that will need to be worked through. Target for opening the program is late spring or early summer of 2019.



## **SOUTHEAST IOWA LINK (SEIL)**

**MENTAL HEALTH AND DISABILITY SERVICES REGION**

**DES MOINES, HENRY, JEFFERSON,  
KEOKUK, LEE, LOUISA, VAN BUREN  
& WASHINGTON COUNTIES**

### **4. Consider Approval of Claims- September**

The report was viewed via overhead projector. The section of the report in red can be disregarded for Keokuk. Henry County is still waiting for the Department of Management to reflect the budget amendment that was made in July. Property taxes are starting to come in. July interest has been posted. August and September interest still need to be posted. There is a payroll issue with Louisa County which is creating an issue with balancing the account. Des Moines, Keokuk, Lee and Louisa have made payment in full to the fiscal agent. Jefferson County still owes \$150,000 from FY 2018 and the amount due for FY 2019. Van Buren County only budgeted \$223,435 and will need to have a budget amendment to be able to pay the amount due to the region. The Van Buren County Auditor retired, and an appointment was made for auditor.

Motion to approve September claims

By Michael Berg

Second Tom Broeker

Motion passes

### **5. Consider Approval of Claims for Fiscal Agent Account**

The report was viewed via overhead projector. Total claims to be paid is \$415,512.94. Mandated claims to be paid totaled \$6,673.02.

Motion to approve claims for the fiscal agent

By Jack Seward Jr.

Second Michael Berg

Motion passes

### **6. Receive and File Fiscal Agent Report- September**

The report was viewed via overhead projector. Revenues included a \$409,628.00 payment from Louisa County for client services and two reimbursements for client services from Des Moines County. Expenditures matched what was approved by the governing board in September.

Motion to receive and file the fiscal agent report for September

By Tom Broeker

Second Jack Seward Jr.

Motion passes

### **7. Receive and File Quarterly Financial Report- Tami**

The report was viewed via overhead projector. All claims have been entered for the first quarter. The claims chart of accounts codes has been verified that were entered correctly. The region has spent twenty-five percent of the budget.

Motion to approve receive and file the quarterly report

By Michael Berg

Second Tom Broeker

Motion passes

### **8. Presentation C3 De-escalation**

April Krogmeier is a mental health advocate for the SEIL Region and a C3 De-escalation (C3 stands for calm, circuit, connection) Trainer for the region. Jill Boileau from First Resources, Ron Christensen from Hope Haven, Kristin Munson from Counseling Associates and Deb Wood from Tenco are also trainers. April has been asked to become a C3 De-escalation train the trainer for the SEIL Region.



## **SOUTHEAST IOWA LINK (SEIL)**

### **MENTAL HEALTH AND DISABILITY SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,  
KEOKUK, LEE, LOUISA, VAN BUREN  
& WASHINGTON COUNTIES

April and the other trainers are training region providers with a crisis de-escalation using non-violent steps to bring someone down from a flooded aggressive stage. The goal is to reduce hospitalizations, ER visits, law enforcement contacts, 911 calls and strengthen community relationships. The trainers have trained sixty people and in January will have trained around one hundred twenty people. Two additional individuals will be trained in November. The feedback has been very positive, and people report using what they learned daily. There has been a request to bring C3 De-escalation into the schools. The trainers are flexible in scheduling, so they can provide the training to as many people as possible. They like to have two trainers presenting the training.

#### **9. New Business**

The first legislative interim committee meeting has taken place. Region CEO's and board of supervisors were represented there. The committee looked at concerns for financing the system. The second part of the meeting was looking at the Broadlawn crisis services and jail diversion services in Polk County. There will be one more meeting. The committee report is due to legislators on November 15<sup>th</sup>. The committee was given information on how the systems work with each other, they talked about property tax and sales tax. The second meeting will look at financing and challenges for rolling out new core services without causing a negative impact on established services. Legislators heard financing is a system issue not a region issue. The desired outcome is to eliminate the twenty percent fund balance cap and allow regions to go to \$47.28 with regions deciding internally what amount they will levy. The \$47.28 won't fully fund the system. There is also proposal for constitutional amendment that sales tax for mental health funding can't be used for any other purpose.

#### **10. Adjourn**

Motion to adjourn  
By Tom Broeker

Second Jack Seward Jr.

Motion passes

Minutes submitted by Jack Seward Jr. November 7, 2018. JSsb