



SOUTHEAST IOWA LINK (SEIL)

MENTAL HEALTH AND DISABILITY SERVICES REGION

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

DATE	CONVENING TIME	LOCATION
January 9, 2019	1:30pm	Henry Co. Emergency Management 900 West Washington St. Mount Pleasant, IA 52641

Southeast Iowa Link Governing Board Meeting Approved Minutes

Present: Rick Larkin, Jack Seward Jr via phone, Marc Lindeen, Tom Broeker, Dee Sandquist, Michael Berg, Chris Ball, Mark Meek, Bob Bartles, Ryanne Wood, Ken Hyndman, Sarah Berndt, Sandy Stever, Tami Gilliland, Bobbie Wulf, Alan Brady

1. Approve Agenda

The meeting was called to order at 1:30 pm.

Motion to approve the agenda

By Michael Berg

Second Tom Broeker

Motion passes

2. Consider Approval of December 12, 2018 minutes

Motion to approve the December 12, 2018 minutes

By Michael Berg

Second Jack Seward Jr. Motion passes

3. Update from Advisory Board members

Change Agent talked about children's services and expectation region boards will be involved. An inventory was taken of children services available in the region. Psychiatric medical institutions for children (PMIC) are not available in the SEIL Region. There are not enough PMIC beds or acute inpatient beds for children or adolescents available statewide. Tanager and Four Oaks in Cedar Rapids provide residential services for children and adolescents. There is no PMIC located below Interstate 80 in the state. There is also a lack of providers for children's services due to the low reimbursement rates. The children's system is fragmented with no administrative body to connect the pockets of service. Area education agencies, school systems, child welfare, juvenile court, etc. offer or fund services but there isn't any entity to help families navigate available resources.

There is a church seeking mental health training to enhance the pastoral counseling they provide.

The region is moving forward with developing a mobile crisis service. This could available as soon as July 1st.

IPS Supported Employment has met the quota for providers to receive technical assistance. There are sixteen people signed up to participate for the supported employment providers in our region.

Tiered rates are an issue for intellectual disability and mental illness services. The state of Iowa has modified rates in a way that is detrimental to people and the Department of Human Services isn't going to address the issue. Providers will have to turn to legislators for support to resolve this issue. There will be an effort legislatively to earmark funds to improve caregiver wages.



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Don Ross the SEIL Advisory Board family representative appointed to the SEIL Governing Board has resigned his position. Advisory will be seeking a replacement and alternative to fill those open positions.

4. Consider Approval of Claims as per Running Totals Document- December

The report was viewed via overhead projector. All reports have been received from county auditors. Additional information is needed to confirm the numbers on this document are correct. Jefferson County is not balanced to SEIL financial records; the difference is \$52,589.23. There are a few counties who have balances owed to the fiscal agent; those counties opted to split payments.

Motion to approve claims for December

By Tom Broecker

Second Michael Berg

Motion passes

5. Consider Approval of Claims for Fiscal Agent Account as per Claims 1-9-2019

The report was viewed via overhead projector. The total for mandated services is \$1,992.00. The total for other services is \$432,700.83. The total of all claims to be paid is \$434,692.83.

Motion to approve Fiscal Agent Account Claims for January 9, 2019

By Marc Lindeen

Second Michael Berg

Motion passes

6. Receive and File Fiscal Agent Report- SEIL Nov Report and SEIL Dec Report

The reports was viewed via overhead projector. Interest payments are reflected in the reports for October and November. December revenues are \$184,166.77; which includes a Van Buren County payment to the Fiscal Agent. December expenditures totaled \$378,103.14.

Motion to receive and file November and December reports

By Tom Broecker

Second Michael Berg

Motion passes

7. Presentation from SEIL CIT Coordinator Alan Brady on tracked data

Alan Brady provided a handout that summarized the data being collected by the crisis intervention trained officers when they go on crisis calls. There have been thirty-nine CIT reports during the five-month report period. Of those calls twenty-eight were calls provided in Burlington. Twenty-six individuals were transported to an emergency department by law enforcement. The report identified thirty-six percent of the CIT contacts were not under the influence of substances. Other substances identified at the scene included the use of prescription drugs – twenty-five percent, alcohol – thirteen percent, methamphetamine and more than one substance were both at eight percent. Thirty-eight percent of the interventions were a mental health crisis and sixty-two percent had a co-occurring disorder. There was discussion that having an access center, twenty-three-hour crisis center and mobile crisis services available would reduce the number of individuals taken to the emergency department. Those services would also improve connecting the individuals in crisis to services once they have stabilized.

The next crisis intervention training is April 8th through 12th in Mt Pleasant. Agenda topics include mental health diagnosis and medications, trauma informed care, lived experiences, autism, mental health law, homelessness and C3 De-escalation. This training is open to law enforcement, corrections officers and first responders.



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8. Discuss ways to enhance SEIL and member county public education and marketing of available resources and services (cross-disciplinary)- Dee

Jefferson County has had the University of Iowa study the county due to the high incidents of suicide. The study was looking at what could be done to market what the county does to provide access to services and treatment for mental illness. Marketing would help people know what is available in the county.

Discussion included using branding and messaging in all the communities in the SEIL Region. Identifying opportunities to speak to the whole community about what SEIL does was suggested. There are marketing businesses that can offer a service to update web sites, develop a marketing message and materials. There could be an addition to the provider contracts directing them to use public education funds SEIL provides to do marketing.

There is a site called Compass which collects information on services offered statewide. SEIL information is updated annually on this site. There was also discussion of radio and newspaper articles that have recently promoted SEIL initiatives.

9. Discuss and Consider Approval of SEIL System Award Management (SAM) for access to federal grant opportunities

An overview of federal grants was shared. Discussed that if Mental Health and Disability Service Regions are required to be involved in providing children's services there are federal grants that would help with initiatives. Applying as an eight-county region would show that grant funding would provide benefit to a wide group of recipients.

Motion to approve the System Award Management application

By Chris Ball

Second Tom Broeker

Motion passes

10. Discuss and Consider Approval of CEO Evaluation and 2018 retro stipend payment

The document was viewed via overhead projector. Ryanne Wood provided a self-evaluation she completed. This evaluation is provided to the coordinator of disability services (CDS) for review and discussion also. Ryanne completes a peer review of the CDS's, which includes goals for them to work on. The governing board was encouraged to comment on the document and offer suggestions for goals the CEO can work on. If the regions do acquire children's services, there will need to be a CDS hired for the children's services the region will manage. The stipend payment is \$20,000. There was discussion of a different stipend allowance and providing an expense account for CEO travel expenses or providing a region credit card for the CEO. The expense account could be audited by an executive committee. The payment of the CEO stipend and expense account should be investigated for future planning and ensuring the process is following the law. Other discussion included the region hiring their own employees' verses having county employees doing region work. The finance committee could investigate these issues and make recommendation to the governing board.

Motion to approve the 2018 stipend payment and CEO evaluation noting the governing board is satisfied with the CEO's performance

By Tom Broeker

Second Mark Meek

Motion passes



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11. Discuss and Consider Approval of Resolution (#1-2019) as per FY20 SEIL budget recommendations from SEIL Finance Committee pertaining to all county members and Fiscal Agent account

The document was viewed via overhead projector. The finance committee provided a budget document for the governing board to review and discuss. The budget shows fiscal agent funds reducing the budget by one million dollars to spend down fund balance. Items such as nurse support have been removed from the budget as this will no longer be funded. Mobile crisis has \$400,000 allocated as an initial cost.

The report cannot be broken out showing expenditures by county due to all the claims being paid through the fiscal agent. The budget document shows the member counties are equalized in financing the services SEIL funds. The administrative costs related to completing region work are not equalized at this time. Each county has their own administrative budget and retains the funds at the local level to pay for those expenditures. There was discussion if any other regions have region employees. No regions have employees. There are two regions that moved all the management team employees under one county as the employer of record.

The finance committee can look at the employee issue, growth in funding obligations and predicting future service needs the region may have.

Motion to approve Resolution #1-2019

By Mark Meek

Second Marc Lindeen

Motion passes

Roll call vote:

Rick Larkin – Aye

Jack Seward Jr. – Aye

Marc Lindeen – Aye

Tom Broeker – Aye

Dee Sandquist – Aye

Michael Berg – Absent

Chris Ball – Aye

Mark Meek – Aye

12. New Business

There is a child welfare workgroup (Early Childhood Intervention ECI) with a wide variety of people in the group that has been meeting for over a year. This group has been meeting one to two times a month. This group is meeting tomorrow, January 10th in Fairfield.

13. Adjourn

Motion to adjourn

By Chris Ball

Second Mark Meek

Motion passes

- **Connect Jack via Phone**

Minutes submitted by Marc Lindeen, Secretary, January 24, 2019. MLsb